

# DINNER MENU FROM 5PM EVERYDAY

## WRAPS & TACOS

add side of chips \$5

**SOUTHERN FRIED CHICKEN WRAP** 14.9  
Soft wrap filled with buttermilk fried chicken with lettuce, tomato & chipotle mayo


**GREEK STYLE** 16.9  
Soft wrap filled with buttermilk fried chicken, thick cut chips, goats cheese, lettuce, tomato, spanish onion & aioli

**FULLY LOADED** 17.9  
Soft wrap filled with buttermilk fried chicken, thick cut chips, lettuce, tomato, cheese, pickles, avo & chipotle mayo

**THE LOADED GRILL** 17.9  
Soft wrap filled with chargrilled chicken, thick cut chips, lettuce, tomato, cheese, pickles, avo & chipotle mayo

**THE MIDDLE EAST** 16.9  
Soft wrap filled with buttermilk fried chicken, haloumi, lettuce, tomato, pickled cabbage, hummus & chipotle mayo

**THE MIDDLE EAST GRILL** 16.9  
Soft wrap filled with chargrilled chicken, haloumi, lettuce, tomato, hummus, pickled cabbage & chipotle mayo

**MIDDLE EAST FALAFEL** 15.9   
Soft wrap filled with falafel, lettuce, tomato, pickled cabbage, pickles & hummus

**VEGAN FALAFEL TACOS** 20   
3 soft tacos with falafel, chilli, avocado, chargrilled corn, pickled cabbage, vegan mayonnaise & lime

**CRISPY CHICKEN TACOS** 20  
3 soft tacos with crispy chicken, chilli, avocado, chargrilled corn, pickled cabbage, chipotle mayo & lime

## BOWLS & SALADS

**PAN SEARED SALMON** 24.9   
with spiced brown rice, roasted pumpkin, broccoli, avocado, pickled cabbage, radish & grilled lime

**NOURISH BOWL** 22.9   
Choose from: Chargrilled Chicken / Smoked Salmon / Falafel / Moroccan Chickpea  
with spiced brown rice, roasted pumpkin, broccoli, avocado, pickled cabbage, radish & grilled lime

**SUPERFOOD SALAD** 17.9   
Kale, quinoa, apple, halloumi, avocado, beetroot, hummus, chia seeds, activated almonds, goji berry, pomegranates & lemon dressing  
(VEGAN OPTION AVAILABLE)   
+ smoked salmon 5  
+ chargrilled chicken 5  
+ falafel 5

## BURGERS

add side of chips \$5

**CHEESEBURGER** 14.9  
Grass fed Angus beef patty with melted cheddar cheese, pickles and ketchup on a toasted milk bun

**ROYALE WITH CHEESE** 16.9  
Grass fed Angus beef patty with cheddar cheese, lettuce, tomato, pickles and mac sauce on a toasted milk bun

**DOUBLE ROYALE WITH CHEESE** 17.9  
2 Grass fed Angus beef patties, 2 melted cheddar cheese with lettuce, tomato, pickles and mac sauce on a milk bun

**THE STACK** 17.9  
2 Grass fed black Angus beef patties, 2 melted cheddar cheese, crispy bacon, lettuce, tomato, pickles, spanish onion and mac sauce on a toasted milk bun



**SOUTHERN FRIED CHICKEN BURGER** 16.9  
Buttermilk fried chicken with coleslaw, lettuce, pickled cabbage, and house made chipotle mayo on a toasted milk bun



**GRILLED CHICKEN BURGER** 16.9  
Chargrilled chicken with coleslaw, pickled cabbage, lettuce and house made chipotle mayo on a toasted milk bun



**MR. CHICKEN PIGGY** 15.9  
Buttermilk fried chicken, cheese, bacon, lettuce and house made chipotle mayo on a toasted milk bun



## VEGAN BURGERS



add side of chips \$5

**VEGAN CHEESE BURGER** 20    
100% vegan plant based patty with vegan cheddar cheese, pickles and ketchup on a toasted vegan bun

**VEGAN ROYALE WITH CHEESE** 17.9    
100% vegan plant based patty with melted vegan cheese, lettuce, tomato, pickles, vegan mayo and ketchup served on a toasted vegan bun


**DOUBLE VEGAN WITH CHEESE** 22.9    
2 100% vegan plant based patties with 2 melted vegan cheese, lettuce, tomato, pickles, vegan mayo and ketchup served on a toasted vegan bun


**SPICY VEGAN ROYALE** 17.9    
100% vegan plant based patty with melted vegan cheese, lettuce, tomato, jalapeños and spicy vegan chipotle mayo on a toasted vegan bun

**GARDEN OF VEGAN** 17.9    
100% vegan plant based patty with lettuce, tomato, beetroot, pickles and vegan mayo on a toasted vegan bun


## BEYOND VEGAN BURGERS


add side of chips \$5

**BEYOND VEGAN CHEESE BURGER** 11.9   
100% vegan plant based beyond patty with vegan cheddar cheese, pickles and ketchup on a toasted vegan bun

**BEYOND VEGAN ROYALE WITH CHEESE** 20.9   
100% vegan plant based beyond patty with melted vegan cheese, lettuce, tomato, pickles, vegan mayo and ketchup served on a toasted vegan bun

**BEYOND DOUBLE VEGAN WITH CHEESE** 26.9   
2 100% vegan plant based beyond patties with 2 melted vegan cheese, lettuce, tomato, pickles, vegan mayo and ketchup served on a toasted vegan bun

**BEYOND SPICY VEGAN ROYALE** 20.9   
100% vegan plant based beyond patty with melted vegan cheese, lettuce, tomato, jalapeños and spicy vegan chipotle mayo on a toasted vegan bun

**BEYOND GARDEN OF VEGAN** 20.9   
100% vegan plant based beyond patty with lettuce, tomato, beetroot, pickles, vegan mayo on a toasted vegan bun

## SMALLER

18.9 Popcorn chicken & chips 10

Mini cheese burger & chips 10

Thick cut chips w/ ketchup 7

13.9 Sweet potato fries w/ aioli 8

Waffle fries w/ ketchup 8

Did you know you can pick up your food for dinner by pre ordering during our brunch business hours over the phone or in person? Call us on (03) 9370 4438 or come see us at 104 Fletcher St, Essendon.  
**Order ahead and save on delivery fees!**

ASSEMBLY  GROUND

All beef & chicken is gluten free & Halal

 vegetarian  vegan  gluten free  gluten free option