

東北大学 × JST-RISTEX

シチズンサポートプロジェクトによる

孤独・孤立の 一次予防

“ Men’s Sheds: Facilitating Connections
and Relationships in Older Adulthood ”

第4回 国際セミナー

JST-RISTEX
一般公開セミナー
参加無料

2025
April. 11th (Friday)
9:00 ▶ 10:00 AM
[Iowa Time] April 10th (THU) 7:00-8:00 PM

会場 完全オンライン (Zoomウェビナーを予定) 定員 500名 言語 英語

お申し込みはこちら
Please Submit the form to participate



※本取り組みは、国立研究開発法人科学技術振興機構(JST)社会技術研究開発センター(RISTEX)より支援を受けた「SDGsの達成に向けた共創的研究開発プログラム(社会的孤立・孤独の予防と多様な社会的ネットワークの構築)」研究開発プロジェクトにて実施するものです。(グラント番号:JPMJRS22K3)

Melinda will share her research on Irish Men’s Sheds that she conducted as a Fulbright Scholar. She visited 14 different sheds and conducted 37 interviews with shed members to learn more about why older men participated in Men’s Sheds and why they remain actively engaged in them. Upon returning to the U.S., she and a colleague created a documentary to help share the stories of Irish shed members. The documentary was selected for inclusion in the Catalyst International Film Festival in Limerick, Ireland. She will share her research on Irish Men’s Sheds and discuss her work with U.S. Men’s Sheds, including how she started the first Men’s Shed in Iowa.



SPEAKER

Dr. Melinda Heinz

Assistant Professor of Gerontology
University of Northern Iowa

Dr. Melinda Heinz is an Assistant Professor of Gerontology in the Department of Family, Aging, and Counseling at the University of Northern Iowa. She earned her PhD in Human Development and Family Studies with a minor in Gerontology from Iowa State University. Her research interests include exploring outlets that bring purpose and meaning to the lives of older adults. In 2018, she led a study abroad program to Ireland with undergraduate students and visited a Men’s Shed in Dundalk. This sparked her interest and enthusiasm for Men’s Sheds and in 2022 she returned to Ireland as a Fulbright Scholar to study Irish Men’s Sheds in County Limerick.

主催：東北大学「シチズンサポートプロジェクトによる社会的孤立・孤独の一次予防」研究班
JST-RISTEX Citizen Support Project for Preventing Social Isolation and Loneliness

共催：日本コミュニティー・シェッド協会
Grants-in-Aid for Scientific Research -KAKENHI - (Fund for the Promotion of Joint International Research (International Collaborative Research))
Establishing an International Research Hub for Community-Based Loneliness and Isolation Prevention

RISTEX
Research Institute of Science and Technology for Society

SOLVE for SDGs:
Preventing Social Isolation &
Loneliness and Creating
Diversified Social Networks