



EUROPEAN KETO LIVE[®] CENTRE

INFORMATION & TRAINING CENTRE ASSOCIATION FOR KETOGENIC METABOLIC THERAPIES

This open letter is an appeal and an invitation to all politicians and health care professionals.

The pandemic on top of the pandemic

The pandemic of Non-Communicable Diseases (NCD), such as high blood pressure, heart and cardiovascular disease, cancer, type 2 diabetes and obesity threatens not only our own lives but also the health and happiness of our children, families and friends. Long before COVID-19, the relentless increase in these diseases globally was already placing a catastrophic financial and ethical burden on our healthcare systems and our society.

We cannot afford to watch this catastrophe any longer.

The new Corona Virus pandemic has drastically revealed the profound and far-reaching weaknesses of our personal and societal immune systems. We now had to learn, that - individuals who suffer from one or more NCDs - are threatened not only by a higher risk of infection, but also by increased disease severity, long-term health damages, and death, and therefore make up the majority of the COVID-19 risk group.

<https://www.who.int/news/item/09-12-2020-who-reveals-leading-causes-of-death-and-disability-worldwide-2000-2019>

How can we meet these challenges and strengthen not only our immune system but also that of our society – how do you escape from the COVID-19 risk group?

Bold, courageous rethinking is called for

It is not enough to wait for the magic bullet for the vaccine or the new drug. We need to question traditional methods and accept, rework, broaden and implement scientific findings. Even when these findings are uncomfortable or go against old beliefs.

It is time to act!

We can prevent further economic lockdowns and make our society more resilient in a short time. By tackling the root causes rather than just treating the symptoms, we can (and must) quickly and effectively flatten the NCD curve to counter future virus attacks!

As part of this call to politics, healthcare authorities, physicians and decision maker's in the healthcare sector, as a solution to this ongoing crisis and as a way to share information, we organized the

The 1st Keto Live E-Learning-Conference

“Ketogenic Metabolic Therapies - Escape Route from the COVID-19 Risk Group”

A medical conference on the importance of our diet and Ketogenic Metabolic Therapies as a powerful tool in the fight against NCD and thus an escape route from the COVID-19 risk group.

In their lectures and documentaries, leading International experts, scientists, professors and physicians will present the latest scientific knowledge about the relationship between Insulin Resistance, NCD and COVID-19. Discussing the use of Ketogenic Metabolic Therapies for the prevention and treatment of NCD, for the rapid restoration of our metabolic health and the strengthening of our immune systems.



Certified as Continuous Medical Education by the Bavarian State Chamber of Physicians (BLÄK),
Part I - Conference Language English - with 50 CME Credits
Part II - Conference Language German - with 22 CME Credits
we offer CME Certificates for physicians in Germany, Switzerland, Austria, the USA and Canada

We also like to introduce the

**European Keto Live Centre
Information & Training Centre - Association for Ketogenic Metabolic Therapies**

Founded in 2019 at the 1st International Keto Live Conference in Switzerland by 32 leading international scientists, experts and physicians in the fight against NCDs, our association is registered in Burghausen Germany as the Keto Live Project e.V. already uniting 8 European nations, the United States of America, South Africa, Australia and Mexico.

As an association, we would like to invite you personally to:

1. Join us in the fight against Non-Communicable Diseases.
2. Register for the "1st Keto Live E-Learning Conference"
3. Recommend the event to your friends, medical supervisors, advisors, and the representatives of your health insurance companies.
4. Become a member, partner, promoter, sponsor or participant in one of our pilot projects, like for example, the "Type 2 Diabetes Remission" program.

For more information about our conferences, the programs, certifications, the speakers and for registration, please go to

<https://www.keto-live.com/>

Please contact me for questions regarding our association, our policy document, the centre, our projects, or the Conference via ketoliveproject@gmail.com

Kind Regards

Josephine Barbarino - Keto Live Project e.V.

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