Nobody really knows the truth about the origin of the gongs. Some say China, Burma, Java, others mean Greece. Anyway, the Tam Tam or Chau Luo is the most powerful instrument in the world. It's not for nothing that an old proverb

says: "Don't make such a tam tam". The Tam Tam is handmade in China. He represents the male principle. He has a dense overtone rich Spectrum from about 7 Hz up to 50000 Hz. He has not an absolute keynote. He create sound images. In terms of sound, the tam-tam is very voluminous and causes people to open up, radiate out and release of unnecessary ballast. Through his sound images, he helps many people to free themselves from the stressful flood of thoughts. This can lead you into deep relaxation and open you up to transformation. The Tam Tam is very energetic and generates strong vibrations. These vibrations are not only audible but also felt in the body and brings all cells in vibration. The sound effect of the gong can help to harmonize interference fields and restore the natural balance. Insistently or gently, the Tam Tam is able to release energy blockages, stimulate energy flows and unfolds a healing effect in the depth of our being. I have heard from many people that they have communicated with the gong. This is not surprising. We all vibrate within ourselves. We all have our own vibrational pattern. Since you can also hear every vibration, you can say that we all have our own sound. This can communicate with the sound of the tam tam.