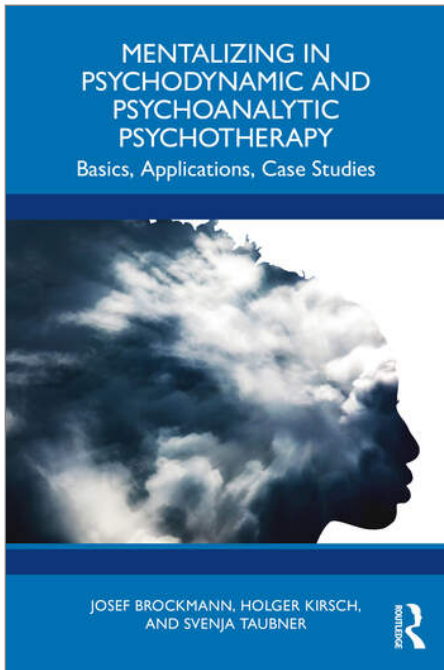


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# Mentalizing in Psychodynamic and Psychoanalytic Psychotherapy

## Basics, Applications, Case Studies

Josef Brockmann, Holger Kirsch, Svenja Taubner

Mentalizing in Psychodynamic and Psychoanalytic Psychotherapy explains how mentalization-based therapy (MBT) can be used within the framework of depth psychology and analytical psychotherapies. Mentalizing in Psychodynamic and Psychoanalytic Psychotherapy will be of great interest to psychoanalysts and psychoanalytic psychotherapists in training and in practice who are looking to integrate mentalizing into their work.

"For the sake of the mentalization family as a whole, but far more for my own, I would like to thank these remarkable authors for the most comprehensive account to date that allows us to think together mentalization theory as it has developed and its original frame of reference within the psychoanalytic corpus. Not only is this a unique book, it is also a highly creative contribution to the literature that I urgently hope will draw many more initiatives and thus bring psychoanalysis back into fruitful conversation with mentalization theory. It is late, but by no means too late."

**From the Foreword of Peter Fonagy, OBE, FMedSci, FBA, FAcSS, Head, Division of Psychology and Language Sciences, University College London, United Kingdom; Chief Executive, Anna Freud Centre. He is regarded as one of the world's leading figures in psychotherapy research.**

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