Updated: July 2022

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Fees

Systemic Therapy / 130 €

Schematherapy * (60 min.)

Coaching (60 min.) for private persons 130 € + VAT

Coaching (60 min.) by order and on account of private

companies/public organizations by arrangement

Pay for psychotherapy yourself? Advantages as a self-payer in a private practice

As a self-payer of psychotherapy according to Heilpraktiker Law you enjoy the advantage of absolute discretion, because in this case there is no need to apply for reimbursement of costs and thus no need to prepare a report for the health insurance company. To be reimbursed for the costs of psychotherapy, all statutory and many private health insurance companies require a psychological report stating a psychological disorder (diagnosis according to ICD 10). Depending on your profession, planned change to a private health insurance or additional insurance, daily allowance insurance, conclusion of an insurance policy, etc., this may be important and make a self-payment worth considering for you, as details of treatments of the last five to ten years are often requested.

^{*} Psychotherapy is a curative treatment and as such is exempt from VAT.