

MESSAGE FROM BISHOP KOSEN ISHIKAWA

Dear Members of Jodo Mission,

Last month, when I was working at the temple office around 12:50 am, I felt earthquake and clearly saw my desk shaking. This really surprised me because I've never felt earthquake on Kauai and I didn't expect it on Oahu, too. Later I found out it was a magnitude 4.7 Earthquake that struck off Maui. I was glad there were no reports of injuries or damage, but I started thinking of people who have to go through this experience so often in Japan.



According to the website of Volcano Discovery, Japan has 118 active volcanoes which accounts for about 10 % of all active volcanoes in the world. There are 20 volcanoes in Hokkaido, 47 volcanoes in Honshu, 9 volcanoes in Kyushu, 17 volcanoes in the Izu Islands and 10 volcanoes in Ryukyu (Okinawan) islands. Also there are 15 smaller volcanoes islands. Then there are over 1,000 felt earthquakes observed in an average year. Especially after the 3.11 earthquake in 2011 in eastern Japan, the frequency of big earthquakes has been increasing.

Almost all scholars seem to agree that 3.11 mega-earthquake has caused Japanese volcanoes to become more active, but I saw one of the scholars left very impressive comments on the TV news. He said, "Frequency and activities of volcanoes in the 20th century were actually incredibly less. Now, activities of volcanoes seem to be back to normal."

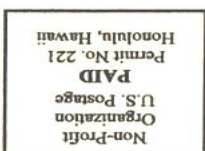
It seems very scary to live in the areas near volcanoes, but we cannot do anything to nature. We cannot change volcanoes. We cannot stop earthquakes. We are quite powerless. Then what can we do?

I think the best we can do is to change our understanding of nature and be mindful of this precious life. The fact we are living peacefully is such a miracle thing and natural disasters are normal. By deeply understanding this fact, we can appreciate this moment and life.

[Cont'd page 2]

Address Service Requested

Jodo Mission of Hawaii
1429 Makiki St.
Honolulu HI 96814



JODO MISSION OF HAWAII
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(#1303-0322)



Also, by thinking of the victims of the disasters, we can naturally feel sorry and sympathize.

Once again, natural disaster is common, but our life is not common. It's nothing but a miracle. This is the way we can accept this reality. **And this is what we call "Arigato" in Japanese, which literally means "it's impossible or hard to exist."**

The 3.11 memorial anniversary of the 2011 Tohoku Earthquake and Tsunami is coming around this month. I'd like to take time to pray for all the victims and renew my vow to offer help to those who need spiritual assistance.

Namu Amida Butsu with Gassho,

Bishop Kosen Ishikawa

Message by Rev. Myoko Takano

Every other month since last November, Rev. Tanabe and I take turns going back and forth between Kauai and Oahu. I stay on Kauai in odd-numbered months and on Oahu in even-numbered months. On Kauai, I help two temples, Kapa'a and Koloa Jodo Missions.



To be honest, I was a little worried about living alone on Kauai where I had no family or friends. However, the people of Kauai welcomed me with a warm heart. Immediately after I arrived in Kauai, the members of Kapaa Jodo Mission gathered for me and served delicious meals. Some of the members personally would have invited me to eat, and sometimes they invited to stand-up paddles. I really appreciate that I was given a good opportunity to communicate to Kauai people and to experience the rich nature of Kauai.

Horticultural Therapy: When I stayed on Kauai in January, I focused on landscape gardening. At first, I thought only cut the trees and bushes in the backyard but the bushes and trees were overgrown since nobody had taken care for several years. Overgrown trees surrounded the backyard which looked spooky, and weeds and debris were scattered around. After cutting the branches and bushes, I realized that the place was actually a large nice backyard. Then I started to cultivate the soil with a hoe, and made the garden. I planted and organized Ti-leaf and Sansevierias which were originally in another area of the temple and made the backyard good looking. Working under the strong sunlight was very tough, and I lost 10 pounds in Kauai. That was good because I gained the weight on New Year's Day, so it was a good opportunity to lose my weight.



I honestly have never been interested in gardening in my life, but as I built the garden little by little, I naturally started to be interested in gardening. I researched the types of plants, how to grow plants, how to make the garden look cool, Japanese landscaping, Hawaiian landscaping. Also my view of plants has changed. By watering the plants every day

and seeing the plants grow, I realized the feeling like the affection or compassion for plants. By coming into contact with the plants, my heart was healed and I would be able to relax a little.

I feel that I have become able to treat little bit better not only plants but also the people around me with a gentler heart than before. In fact, in the United States and Japan, there is horticultural therapy.

Horticultural therapy is like forest bathing and aromatherapy, aims to relieve stress and restore physical and mental health through the "healing" effects of plants and flowers. In Japan, it is mainly conducted at care homes and facilities for the disabled people.

It also has the following effects of preventing dementia and improving physical function.

Gain Self-esteem and a sense of fulfillment by growing plants by yourself

- Enjoy the growth of plants and expectation for the future of plants
- Promotion of exercise
- Increased grip strength
- Improvement of blood sugar level, cholesterol level and triglyceride level.

There are many methods of meditation in Buddhism.

In the Jodo Shu, reciting Nembutsu (Namu Amida Butsu) is the best meditation for our ancestors, beloved ones, and ourselves.

Meditation makes your mind enrich, and you can reflect its effects in your daily lives, as a result, it enriches your life. I think the horticultural therapy I explained earlier is also one of the good meditations.

The act of "growing plants" reduces stress and anxiety and leads to mental stability. Some people might think it is difficult to practice "Horticultural therapy". However, you can start with a small planter. Why not try to experience the effects of gardening by sowing seeds in a small planter and growing them? By watering the plant and cherish it day by day, your heart will surely be purified and healed.

In Gassho

Rev. Takano

園芸療法

私は去年の11月より各月で一ヶ月おきにカウアイ島のお寺に駐在しております。一月、三月、五月と奇数の月にカウアイ島に滞在しており、偶数の月にはオアフに滞在しております。カウアイ島ではカパーとコロアの2つの寺院を担当しております。

1月に滞在した時は、お庭の手入れに専念しました。最初は裏庭の伸びていた木の枝を切り、雑草の処理をしました。生い茂った木が裏庭を囲んでいて、少し薄気味悪く、雑草やゴミなどが散乱しておりました。伸びた枝や、ブッシュをカットすると、実は広く素敵な裏庭だったことに気づきました。それから鍬で土を耕し、ティリーフやサンセベリアなどの植物を抜根して、植樹しました。少しずつお庭を掃除して、ガーデニングしていくにつれ、植物の種類を調べたり、植物の育て方、お庭のかっこいい見せ方や、日本やハワイ、アメリカのお庭を調べなどをするようになりました。また、植物に対しての見方が少し変わりました。毎日植物にお水をあげて育てていると、植物に対する愛情が芽生え、自身が穏やかなところで少し優しくなれたように感じました。植物と接することにより、心が癒されて、少し心に余裕ができました。植物に対してだけでなく、周りの人に大しても、以前より和やかな心で、優しく接することができるようになった気がします。

実際にアメリカや日本では、園芸療法というものがあります。園芸療法は森林浴やアロマセラピーなどと同じく、植物や花の「癒やし」の効果によってストレスの緩和を図り、心身の健康回復を図ろうとするものです。日本では、主に高齢者介護施設や障害者施設で機能回復訓練を目的に行われています。また、下記のような認知症防止や身体機能向上の効果もあります。

- ・ 自分で育てることで自尊心や充実感が生まれる
- ・ 植物の成長を楽しみ、未来へ対する期待
- ・ 開花・結実・収穫などの達成感を味わい自信を持つ
- ・ 運動促進・握力の増加・血糖値、コレステロール値・中性脂肪の改善

佛教では多くの方法によるメディテーションがあります。メディテーションとは、心を豊かにし、その効果を日々の生活に反映させ、生活を豊かにすることができる方法のことです。先ほど説明した園芸療法もメディテーションの一つだと私は思います。我々の浄土宗にとってのメディテーションは、南無阿弥陀仏とお念仏を称えることであり、お念仏こそが誰もが平等に救われる方法としております。ご先祖様、最愛の家族、自身のための一番の救いの道ということです。“植物を育てる”という行為はストレスや不安を軽減し、精神的な安定につながります。園芸療法と聞くと難しそう…と思ってしまう方もいるかもしれませんが、小さなプランターに種を蒔いて育てることから園芸の効果を実感してみてもいいでしょうか？

毎日少しづつガーデニングをして、お庭を作ることによって、きっと心が浄化されていくでしょう。

ハワイ浄土宗別院駐在開教使 高野 明宏

“Hybrid Virtual”

General Membership Meeting of Jodo Mission of Hawaii

On Sunday, January 30, 2022 at approximately 10:50 am, the General Membership was held hybrid virtually. Some people were present in the temple while most people were on Zoom.

As many of you tuned in and heard entertainment from Dragon Beat conducted by Tomotsu Nakai Sensei and Hawaii Koto Kai Academy led by Darin Miyashiro Sensei.

Prior to the entertainment, President Daryl Masaki conducted the general membership meeting and when it came to the By-Laws revision, Jon Riki Karamatsu led that portion. What was discussed was Article IV—Membership of the Jodo Mission of Hawaii By-Laws. Namely the portion which was revised is as follows:

Article IV—Membership

Section 1. Any person who contributes regularly for support and maintenance of this Mission shall be a paying member by paying [sixty dollars (\$60.00) per year] annual membership dues or “gojikai-hi” as determined from time to time by the Board of Directors through a majority vote;

The \$60.00 membership fee has been in effect for over 30 years. Your Board of Directors will set the membership fee and will give you notice of any raise. Thirty years is a long time and times have changed. The Board is also reasonable but at the same time Jodo Mission must survive. The temple was built in 1932 and there are a lot of repairs which we need to do and sometimes repairs affect many of you. Recently, you will recall that we had to close the entrance to the Nokotsudo on the second floor due to the heavy rain which damaged the doorway. Luckily with some help and guidance, the repair to the entry way to the Nokotsudo was done and you were able to visit your ancestors during the holiday season.

* * * * *

Membership Dues or Gojikai-Hi

Many of you have been for generations and generations been members of Jodo Mission of Hawaii, starting from Sunday School. We thank you for your support.

Some of you may not be Buddhist or may be Christians because your parents sent you to a private Christian or Catholic school to be educated. Your parents and grandparents were Buddhists and you want to honor them by continuing the Buddhist way.

We have some free publications available to you at the temple office for you to learn some things about Buddhism or come to our Sunday Service, which is held every Sunday at 10 a.m. Our ministers would be happy to answer any questions you may have so please do not hesitate and take a step forward.



Handyman Needed— From time to time we are in need of some help with small jobs that may require some small painting jobs, little fixing of louver handles that are not working or doors that may need adjustment, etc.. Know of anyone? Please have him contact Jodo Mission of Hawaii at (808) 949-3995. *Thank you.*



Virtual & In-Person Spring Higan Chutoba Form (彼岸会中塔婆申し込み用紙)

Your Name(お名前) : _____ Phone (電話) : _____

Name of Deceased (亡くなった方のお名前) :

1. _____

2. _____

3. _____

4. _____

Virtual & In-Person Higan Service
March 20 at 10 a.m.

Zoom link will be on website
www.jodo.us

_____ I plan to attend service

_____ I do not plan to attend

One Chutoba is \$7 X Total of Chutoba _____ = Total \$ _____
(中塔婆1本7ドル) (本数) (合計)

Please make checks payable to "Jodo Mission of Hawaii". DEADLINE: Friday, March 11, 2022
Membership dues (Gojikai) (\$60) can also be included with your payment. *Thank you.*

FOR OFFICE USE ONLY

Order accepted by _____ Date accepted _____ / _____ / 2022 (In person/ Mail / By phone)

Received by _____ Date paid _____ / _____ / 2022 (Cash/ Check # _____) Write _____

Virtual & In-Person Spring Higan-e Service

The word "Higan" literally means "the other shore" in Japanese. One shore represents this world which we are in, and the other shore "Higan" represents Amida Buddha's Pure Land. The river represents the bad mind we all possess. The concept is that we practice the teaching to reach the other shore across the river.

We have two Higan seasons in a year. One in the spring, the other in autumn, as Higan is held during the week of the spring and autumn equinox. Shan Tao, one of the high ranking priests of Jodo Buddhism in China said that the sun sets due west during the equinox thus it is a good opportunity to think about Buddha's Pure Land which exists far away in the west, as well as appreciate our ancestors who are also there.

Please join us in crossing the river to the other shore as we think about Buddha's Pure Land and respect for our ancestors. Our Higan Service will be held:

Sunday, March 20 at 10 am (Virtual and In-Person)

On that day, *Chutoba* prayers will be offered during the service. If you wish to request a Chutoba prayer, please fill out the form above, and send it to Jodo Mission office. One Chutoba is SEVEN dollars. Please make your check payable to "Jodo Mission of Hawaii."



What is “Perpetual Memorial Service?” (Eitaikyo)

This record of a perpetual memorial service is called *Eitaikyo* in Japanese. When the date of death occurs for a person listed on this record, the ministers pray for that individual during the morning service. The prayers will continue each year for as long as Jodo Mission exists.

Anyone can be included in it. You may put your own name on the list, too. This also helps when it is difficult to have memorial services. We also welcome you to attend the morning service at **9:30am**. (Note time change due to Covid-19, please call temple if you plan to attend.)

How to apply

Stop by the office, and fill out the application form. Each name costs \$200. After the application is accepted, the name will be listed on the record.

Notice to Nokotsudo Visitors

(Sometimes referred to as the **Niche** rooms)

Many people call to see if the Nokotsudo/Columbarium (or sometimes known as Niche rooms) are open. We have been letting people in if you come and ring the blue bell. **You must wear a mask, use the hand sanitizer going in and coming out and go home and wash your hands with soap.** No more than 4 people at a time, with social distancing.

New Hours: 10 am to 5 pm Mon to Sat
12 pm to 3 pm Sunday*
10 am to 3 pm Holidays

2022 Memorial Years Observed

1 st year	2021
3 rd year	2020
7 th year	2016
13 th year	2010
17 th year	2006
23 rd year	2000
25 th year	1998
27 th year	1996
33 rd year	1990
37 th year	1986
43 rd year	1980
47 th year	1976
50 th year	1973
100 th year	1923

Email Monthly Bulletin—Please

advise if you wish to have your monthly bulletin via email instead of U.S. mail.

Please also keep Jodo Mission advised of your current address & phone number.

Mail forwarded adds additional costs.

Thank you for your

REMINDERS

Gojikai or Membership—\$60.00 per year

Persons of the same family but living separately should have their own membership

Niche owners should continue their Membership or Gojikai each year **\$60.00**

AND

Maintenance donation \$5.00 per year per niche

お知らせ

1年間における護持会費、又はメンバーシップは60ドルになります。同世帯の家族) 世帯が別の場合は個々にメンバーシップが必要です。

納骨堂を所有の方は別途、5ドルの年間管理費をお納めください



Bishop Kosen Ishikawa



Rev. Myoko Takano
Resident Minister



Rev. Takaaki Kouken
Tanabe
Resident Minister

Jodo Mission

Office Hours:

[New Covid Hours]

Monday to Saturday

10am–5pm

Sunday & Holidays

10am–3pm

Phone: (808) 949-3995

Website: www.jodo.us

Perpetual Memorial Service (Eitaikyo) for March

1. Fusa Sato
The Sato & Suzuki Family
The Matsushita Family
Nancy Yoshie Taketa
2. Kazuo Ishizaki
Haruo Shigeoka
Masao Hayashida
Setsuko Tsuda (2)
Jean Yachiyo Nakamura
3. Hideo Shoji
The Shoji Family
Yoshima Takabayashi (2)
The Nanbara Family (2)
The Tanigawa, Hirano, &
Hisano Family
George Shige Nakahara
4. Kuma Tabata
Mume Yamamoto
Kuni Ishikawa
Kazumi K. Harada
5. Matsue Nakamura
Yukio Hisamoto
The Hayashi Family
Toshisuke Terada
Margaret Chieko Iwamoto
Sadae Kanehira
Shigeno Toyofuku
Edith Momoyo Furuya
6. Bishop Enjo Ito
Hideo Kubota
Kaoru Kusunoki
Tsugio Aoki (2)
Chiyo Iwamoto
Ruiko Kaita
Thelma Kuniyuki Toshie
Nakata
7. Kiku Yagi
The Yagi Family
Hideo Sugihara
The Sugihara Family
Masato Tanaka
The Tanaka Family (2)
Hiromu Higa
The Higa Family
Kikue Tanaka
Masao Hashimoto
Kenichi Kinoshita (2)
Kamado Taira
Kenneth Kazuo Miyoshi
Alice Miyoko Kozai
8. Hatsuno Daitoku
The Daitoku & Fujimoto
Family
Yoshi Imamoto
The Iwamoto & Kawakami
Family
Gisaburo Kawamura
The Kawamura Family
Satoru Takitani
Tadao Yoshimoto
9. Sumie Chikamoto
The Ota Family
Seiichi "Sam" Takaoka (2)
- Masao Watanabe
Gohichi Hifumi
Toshikado Kimura
Sadao Kishimoto
Sumiye Himeno Nomiyama
10. Chotaro Fujise
The Fujise & Kobayashi
Family
Fushi Shintaku
The Isogai Family
Harriet Nomiyama
De St. Martin
11. Seikichi Teramoto
The Teramoto Family
Mami Kumagaya
Shizuko Kubota
Yoshiko Oshiro
Ono Iwamoto
Kazue Kishida
12. Taikichi Yamane
Clara Asami Tominaga
Ruth Chieko Sakuda
Kazuya Yano
13. Benshiro Tanimura
The Tanimura Family
Kunisuke Higashimura
Mume Yanagihara
Seitaro Komiya
Tetsumi Fujimoto (2)
Rui Hara
The Hara Family
Fujino Imada
Barney Rio
Kathleen Kazuko Yoshimoto
Hiroshi Higaki
14. Eijiro Hara
Satoshi Shinagawa
Yuku Nakamura
Tomiko Fujioka
15. Hachizo Aoki
The Aoki & Kimura Family
Naoyuki Hara
The Hara Family
Asajiro Asai
Omoyo Nagano
The Nagano Family
Hajime James Aoyama
Harunori Ohara
Suematsu Namba
16. Hanako Kanehira
The Kanehira Family
Shigeo Sakuda (2)
Chizuko Yasumoto
Masato Kawano
Robert Katsuhiko Sumida
Kikutsuchi Tarumoto
Calvin Sakae Murashige
Kay I. Higashi
Kirk Sadaayuki Tarumoto
17. Seiichi Yanagihara
The Yanagihara Family
Tadako Kunimoto
Kunimoto & Nago Family
- Seimu Matsumori (2)
Mieko Nomiyama
Tsuchiyo Fujimoto
Tokuichi Ohara
18. Moyo Iwamoto
Matsuyo Hamada-Inouye
Eisaku Asami
Shuzo Saiki
George Torasuke Aoki
Hisayo Kawaoka
Kay Kiyoko Kimura
19. Umeki Matsumori
The Matsumori Family
Tsuru Fukuda
Ototsuchi Yamanaka
Yamanaka Family
Ikuzo Kuniyuki
Yoshinobu Yamato
20. Ichiyuki Mizuno
The Mizuno & Ohta Family
Asakichi Iwamoto
The Iwamoto Family
Zennoshin Yoshioka
Masue Yagi
21. Masuji Kajioaka
The Kajioaka & Morita
Family
Shima Nakagawa
The Nakagawa Family
Bishop Shinjun Shimizu
Gonsuke Nakahara
22. Asano Fujikami
The Fujikami Family
Suegusu Matsuo
The Matsuo Family
Ishi Onaga
The Onaga & Nakamura
Family
Heijiro Furumoto
Ito Nakamoto
Rev. Shutetsu Uenoyama
Chiyo Umetzu
Yoshikata Hayashi
Jean Yachiyo Soma Baba
23. Miko Kawano
The Kawano Family
Kazu Nakai
The Nakai Family
Midori Uno
Sadami Suehisa
George Choji Miyagawa
Bishop Dwight Ryokan
Nakamura
Tomo Horiuchi
Mamoru Hirota
Benjamin Awaya
24. Rikuo Masuoka
The Masuoka Family
Hanako Yanagihara
Torae Miyao
Shigeki Hirono
Tokiko Yonemoto (2)
25. Chiyo Nishimura
- The Nishimura Family
Kimie Umemoto (2)
The Umemoto Family
Tetsubei Ishimoto
The Ishimoto & Akimoto
Family
Nobuo Nakamoto
The Nakamoto Family
Kichizo & Kikue Miura
Shizuno Uyehara Mizuko
Kimie Umemoto
Sankichi Umemoto
Suyekichi Watanabe
26. Yukiko Takeda
The Takeda Family
Satoru Iguchi
Giichi Hayashi
Stephen Toshichi Kotake
Howard Masuji Tasaka
Kiyo Ohta
Richard Iseo Hashimoto
27. Yukitsuchi Morikawa
The Morikawa Family
Kiyoe Kakehashi
Asae Okamura
28. Harry Kyoichi Kishii
29. Muta Chinen (2)
Satoshi Ukeda
Shizuno Ebisuzaki
30. Bishop Shinko Nakajima
Setsu Yamamoto
Betsy Yoshiko Kubota
Lila Kikuyo Uyeharu
Betty Sun Ogata
31. Kamenosuke Kinoshita
The Kinoshita Family
Aki Fukuda
The Fukuda Family
Nao Fujita
The Fujita Family
The Nakamura Family
Toshie Kaya

Obituaries

The Jodo Mission of Ha-waii extends its sincere condolences to the family members and loved ones of the following members who have recently left this world for the Pure Land.

Noboru Matsushima 99
Chikara Richard Yokoyama 93
Clayton Mamoru Kanzaki 74
Roberta Ayako Uesugi 91
Mildred Yasuko Oku 90

9:30am Morning Service Everyday
Note: Time may change due to
 Covid-19 Schedule

March 2022

Jodo Mission of Hawaii
 Phone: 949-3995
 Website: www.jodo.us

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Deadline for Otoba orders	2	3	4 s	5
6 10.00 am Sunday Service	7	8	9	10	11 Deadline for Chutoba Orders	12
13 10:00am Sunday Service 11 am Board Meeting	14	15	16	17	18	19
20 10:00 Spring O-Higan Service	21	22	23	24	25	26
27 10:00 am Sunday Service	28	29	30	31		

COMING EVENTS:

- March ?? Youth Retreat
- April 3: HBC Buddha Day—probably virtual

Bazaar Donations are not being accepted temporarily. Thank you for your understanding.

Jodo Shu Calendar for March 2022: While chanting Namu Amida Butsu, you can feel the close presence of Amida Buddha and of dear ones who have gone before.

No Meetings or Classes for March for

Fujiinkai, YBA, Sewing Circle

Sunday School

to Join Youth Retreat in
 March (exact date not set)

Membership Dues (Gojikai) REMINDER: Please pay your membership dues (\$60) for this year and if you did not pay for 2021, we would appreciate you doing so by making your check payable to **Jodo Mission of Hawaii** (mail to 1429 Makiki Street, Honolulu, HI 96814). *Thank you.*