

MUST READ

Book recommendations

by Fabiula Hanauer



ECONOMICS



FACTFULNESS

Hans Rosling

Ten Reasons We're Wrong About the World – and Why Things Are Better Than You Think” is a book by the Swedish statistician Hans Rosling, along with his children Ola Rosling and Anna Rosling Rönnlund. It argues against the widely held negative perception of the world and demonstrates through data that many people have a distorted view of global trends.



21 Lektionen für das 21. Jahrhundert

Yuval Noah

Yuval Noah Harari, exploring the critical issues shaping our present and future. Harari delves into topics such as technology, politics, religion, and existential threats, offering insights and analyses to help readers navigate the complexities of the modern world. Through twenty-one engaging chapters, Harari challenges readers to confront the most pressing questions of our time and encourages them to think deeply about the direction of human civilization in the 21st century

PERSONAL DEVELOPMENT



Sorge dich nicht lebe!

Dale Carnegie

How to Stop Worrying and Start Living™ is a timeless guide to managing stress and anxiety in everyday life. Drawing from a wealth of anecdotes and practical advice, Carnegie offers readers strategies for overcoming worry and finding greater peace of mind. He emphasizes the importance of living in the present moment, accepting the things we cannot change, and taking proactive steps to address our concerns. Through a series of principles and techniques, Carnegie teaches readers how to cultivate a positive mindset, build resilience, and navigate life's challenges with grace and confidence.



The Big Leap

Gay Hendricks

The concept of overcoming self-imposed limitations to reach one's full potential. Hendricks introduces the idea of the "upper limit problem," which is the subconscious barrier that prevents individuals from experiencing sustained success, happiness, and love. Through insightful anecdotes and practical exercises, the author guides readers on a journey to identify and transcend their upper limits, enabling them to break free from self-sabotaging behaviors.

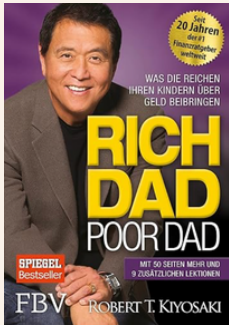


Never Split the Difference

Chris Voss

This is a captivating exploration of negotiation strategies derived from the author's experiences as a former FBI hostage negotiator. Voss shares practical techniques and psychological insights for achieving successful outcomes in negotiations, whether in business, personal relationships, or everyday interactions. Drawing from real-life scenarios, he emphasizes the importance of empathy, active listening, and strategic communication in building rapport and influencing outcomes.

FINANCIAL MINDSET



Rich Dad Poor Dad

Robert T. Kiyosaki

This Book is a personal finance classic that challenges conventional wisdom about money and wealth. The book emphasizes the importance of financial education, investing in assets that generate passive income, and cultivating a mindset geared towards financial independence. It's a compelling and insightful read that has inspired millions of readers to rethink their approach to money and pursue their financial goals with greater confidence and clarity.



Das einzige Buch, das Du über Finanzen lesen solltest:

Thomas Kehl & Mona Linke

From now on, there are no more excuses to postpone wealth accumulation. Because never has it been as easy as it is today to invest your money profitably. The book by the creators of the successful YouTube channel "Finanzfluss" meets you where you are and provides you with inspiration to take responsibility for your own financial situation and ignite enthusiasm for personal wealth building. It explain how you can passively build wealth using stocks and ETFs and how exactly that works.



Souverän investieren für Einsteiger: Wie Sie mit ETFs ein Vermögen bilden

Gerd Kommer

Private wealth accumulation is now indispensable if you want to maintain your accustomed standard of living in retirement. It's fortunate that there exists a friendly and straightforward way to increase your money: investing in ETFs. To ensure that every individual, regardless of their financial means, can benefit from the most important financial innovation of the past 50 years, this foundational work is authored by a top expert.

EQUALITY



"Wir sind doch alle längst gleichberechtigt!"

Alexandra Zykunov

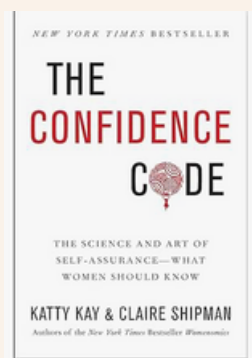
This book challenges the assumption of full gender equality by examining lingering disparities and biases in society. Through a blend of personal anecdotes, statistical evidence, and historical context, the author illuminates the ongoing struggles for true gender parity. From the workplace to the home, from cultural expectations to legal frameworks, the book sheds light on areas where equality remains elusive.



Das Ende der Ehe

Emilia Roig

"How Marriage has Changed in the Last Decades" examines the evolving nature of marriage in contemporary society. The author explores various factors contributing to the decline of traditional marriage, such as changing social norms, economic pressures, and shifts in gender roles. Through in-depth analysis and case studies, the book highlights the challenges and opportunities faced by couples in modern relationships.



The Confidence Code

Katty Kay & Claire Shipman

Following the success of *Lean In*, the authors of the bestselling *Womenomics* provide an informative and practical guide to understanding the importance of confidence—and learning how to achieve it—confidence can be learned. Combining cutting-edge research in genetics, gender, behavior, and cognition—with examples from their own lives and those of other successful women in politics, media, and business go beyond admonishing women to "lean in."

POSITIVE MINDSET



"Lösungsorientiert denken und handeln"

Marcus Stobbe

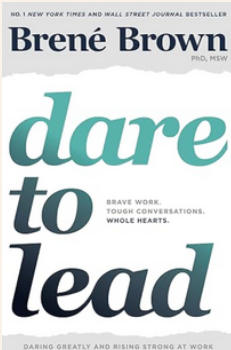
This book is a practical guide to acquiring and applying solution-oriented thinking and action strategies. Stobbe, emphasizes the importance of a positive mindset and demonstrates how to focus on solutions rather than problems. He explains how to identify obstacles, mobilize resources, and develop constructive approaches to solutions. Through numerous case studies and exercises, the book teaches effective techniques for overcoming challenges and achieving personal and professional goals.



Think Like a Monk-Prinzip

Jay Shetty

The wisdom from monkhood brought into practical principles for modern living. Shetty draws on his own experiences as a former monk and blends them with insights from neuroscience and psychology to offer readers actionable advice on how to cultivate a monk-like mindset amidst the hustle and bustle of everyday life. The book encourages readers to prioritize self-awareness, purposeful living, and mindfulness in order to find fulfillment, peace, and purpose.



Dare to lead

Brene Brown

Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work.