

KUMITE-FORMS-BREAKING-INCLUSION MMA LIGHT-MMA FULL-GRAPPLING-
ORIENTAL BOXING-K1 KICKBOXING-FULL CONTACT-THAIBOXING
SELF DEFENSE-POINT FIGHT- LIGHT CONTACT-KICK LIGHT
RUMBLE-NO CONTACT-WMAC KIDS RUN



PRESENTED BY

WMAC

 / 28.06. - 29.06.2025

INTERNATIONAL GERMAN OPEN

"BATTLE OF THE HUNSRÜCK"



SPORTHALLE SIMMERN
KUEMBDCHER HOHL 17
55469 SIMMERN/HUNSRÜCK (GER)



REGISTRATION & INVITATION:
WMAC.INFO



HOSTED BY WMAC WORLD
& SHODAN GYM SIMMERN





GERMAN OPEN

WMAC Int. Deutsche Meisterschaft

GENERAL INFORMATION

DATE	28.-29.06.2025	DATUM
END OF REGISTRATION	25.06.25 - 12pm	REGISTRATION ENDET AM
LOCATION	Sporthalle Simmern Kuembdcher Hohl 17 55467 Simmern GERMANY	VERANSTALTUNGSORT
HOST	WMAC World & WMAC GERMANY	VERANSTALTER
ORGANISER	SHODAN GYM SIMMERN	AUSRICHTER
EVENT DIRECTOR	MR HARALD FOLLADORI	VERANSTALTUNGSLEITUNG
RULES	WMAC RULESBOOK	REGELWERK
SANCTIONING BODY	WMAC	SANKTIONIERENDER VERBAND
CONTACT	headquarter@wmac-world.com	KONTAKT
WEBSITE	WMAC.info	WEBSEITE
COMPETITOR REGISTRATION	Kihapp (klick here)	TEILNEHMER REGISTRATION

EVENT TIMETABLE - EVENT ZEITPLAN

Registration & Weight in	FRIDAY: 19:00 - 21:00 SATURDAY: 07:00 - 09:00 SUNDAY: 08:00 - 09:00	Registration & Abwaage
Doors Open	SATURDAY: 07:00 SUNDAY: 08:00	Öffungszeit der Halle
Coach meeting	SATURDAY: 09:00 - 09:30 SUNDAY: 09:00 - 09:30	Trainerbesprechung
Referee Meeting	SATURDAY: 09:30 - 09:50 SUNDAY: 09:30 - 09:50	Kampfrichterbesprechung
Event starts	SATURDAY: 10:00 - 19:30 SUNDAY: 10:00 - 15:00	Turnierstart

EXPECTED DAILY SCHEDULE

VORRAUSICHTLICHER TAGESPLAN

CATEGORIES FRIDAY 27.6.25	ONLY PRE REGISTRATION & WEIGHT INN	KATEGORIEN FREITAG
CATEGORIES SATURDAY 28.6.25	POINTFIGHTING -LIGHTCONTACT -KICKLIGHT -MMA LIGHT -FULLCONTACT -KICKBOXING K1 - ORIENT.BOXING - MMA FULL - TAG-TEAM FIGHT - GRAPPLING - GRAND CHAMP FIGHT	KATEGORIEN SAMSTAG
CATEGORIES SUNDAY 29.6.25	FORMS - GRAND CHAMPION FORMS - RUMBLE -NO CONTACT - SELFDEFENSE - KARATE KUMITE - BREAKING - WMAC KIDS RUN (German Open Edition)	KATEGORIEN SONNTAG

www.wmac.info

get all infos here





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STARTING FEE - STARTGEBÜHR

FIRST START	35,00 €	ERSTER START
EACH FURTHER START	25,00 €	JEDER WEITERE START
TEAM FIGHTS (each Team)	65,00 €	TEAM FIGHTS (pro Team)
GRAND CHAMPION	65,00 €	GRAND CHAMPION
RUMBLE - NO CONTACT - KIDS RUN	20,00 €	RUMBLE - NO CONTACT - KIDS RUN
ADDITIONAL CHARGE no WMAC Member (no Passboard)	5,00 €	AUFPREIS für Nicht WMAC Mitglieder (kein WMAC Pass)
TROPHIES 1./2./3./3.	BELTS / BIG MEDALS / TROPHYS / CERTIFICATES	PREISE 1./2./3./3.

ACCOUNT INFORMATION - BEZAHLUNG INFORMATION

ACCOUNT		WMAC WORLD		KONTO
INSTITUT		VOLKSBANK VORARLBERG		INSTITUT
IBAN		AT134571000240331540		IBAN
SWIFT / BIC		VOVBAT2B		SWIFT / BIC
ATTENTION last Banktransfer		1 week before the Event starts	ACHTUNG letzte Überweisung	
PAYMENT DIRECTLY		Directly at the Eventregistration	BEZAHLUNG BAR	

DOCUMENTS FOR WEIGHT IN & REGISTRATION

SPORTPASS	DOKUMENTE FÜR DIE ABWAAGE & REGISTRATION
MEDICAL EXAMINATION (not older than 12 months)	SPORTPASS
COACH DECLARATION	ÄRZTLICHES ATTEST (nicht älter als 12 Monate)
Under 18 YEARS consent explanation of the parents	TRAINERERKLÄRUNG
Ringsport 15 - 18 Years - consent explanation of the parents	Unter 18 JAHREN Einverständniserklärung der Eltern
	Ringsport 15 - 18 Jahre - Einverständniserklärung der Eltern

Usefull Informations / Nützliche Information

Hotel Bookings	On your own	Hotelbuchung
Nearest Airport	FRANKFURT (GER)	Nächster Flughafen
Transfer	On your own	Transport

Like & Subscribe
WMAC LIVE
The World Martial Arts Channel

WMAC DIVISIONS

Im Interesse unserer Sportler wurden im Jahr 2025 Aktualisierungen der Alters- und Gewichtsklassen vorgenommen.

Die betroffenen Gewichtsklassen sind mit einem blauen Stern gekennzeichnet



In the interests of our athletes, updates to the age and weight classes were made in 2025.

The affected weight classes are marked with a blue star

SPECIAL FOR KIDS



Tigers (3-6 years) ★	Dragons (7-8 years) ★	Ninjas (9-12 years)
Rumble - No Contact - WMAC Kids Run	Rumble - No Contact - WMAC Kids Run	Rumble - No Contact - WMAC Kids Run
Mixed ♂&♀	Mixed ♂&♀	Mixed ♂&♀
-90cm	-100cm	-110cm
-110cm	-120cm	-130cm
-130cm	-140cm	-150cm
+130cm	+140cm	+150cm

BITTE BEACHTEN

Rumble corresponds to "pulling the flag" (3 flags per child)

No Contact = Sparring without touching the opponent

WMAC Kids Run - is an adventure obstacle course

We ask coaches, friends and spectators to be considerate when dealing with athletes and their opponents.

Our referees are trained to deal with the athletes in a way that is appropriate for children.

PLEASE NOTE

Rumble entspricht dem "Fahnen Ziehen" (3 Fahnen pro Kind)

No Contact = Sparring ohne den Gegner zu berühren

WMAC Kids Run - ist ein Abenteuer Hindernislauf

Wir bitten Trainer, Freunde und Zuschauer, sich im Umgang mit den Athleten und deren Gegnern rücksichtsvoll zu verhalten.

Unsere Kampfrichter sind geschult auf einen Kindgerechten Umgang mit den Athleten.



4 years old kids in Rumble (World Games 2022 Salzburg)

WMAC DIVISIONS

Main Divisions Tatami

Kids (7-11 years) 		Juniors (12-14 years) 		Cadets (15-17 years)	
Pointfighting/ Lightcontact/ Kicklight / Karate Kumite		Pointfighting/ Lightcontact/ Kicklight/ Grappling/ MMA Light / Karate Kumite		Pointfighting/ Lightcontact/ Kicklight/ Grappling/ MMA Light / Karate Kumite	
Male ♂	Female ♀	Male ♂	Female ♀	Male ♂	Female ♀
-25 KG	-25 KG	-40 KG	-40 KG	-55 KG 	-50 KG 
-30 KG	-30 KG	-45 KG	-45 KG	-60 KG	-55 KG
-35 KG	-35 KG	-50 KG	-50 KG	-65 KG	-60 KG
-40 KG	-40 KG	-55 KG	-55 KG	-70 KG	-65 KG
-45 KG	-45 KG	-60 KG	-60 KG	-75 KG	-70 KG
-50 KG	-50 KG	-65 KG	-65 KG	-80 KG	+70 KG
+50 KG	+50 KG	-70 KG	+65 KG	+80 KG	
		+70 KG			

Adults (18-39 years) 		Veterans (40-49 years) 		Masters (50-99 years) 	
Pointfighting/ Lightcontact/ Kicklight / Karate Kumite		Pointfighting/ Lightcontact/ Kicklight/ Grappling/ MMA Light / Karate Kumite		Pointfighting/ Lightcontact/ Kicklight/ Grappling/ MMA Light / Karate Kumite	
Male ♂	Female ♀	Male ♂	Female ♀	Male ♂	Female ♀
-60 KG	-55 KG 	-75 KG 	-60 KG 	-75 KG 	-60 KG
-65 KG	-60 KG	-80 KG	-65 KG	-85 KG	-70 KG
-70 KG	-65 KG	-85 KG	-70 KG	+85 KG	+70 KG
-75 KG	-70 KG	+85 KG	+70 KG		
-80 KG	-75 KG				
-85 KG	+75 KG				
-90 KG					
+90 KG					

BITTE BEACHTEN

Please observe the regulations and the prescribed protective equipment.

The areas around the fighting areas are to be kept clear.

Injury Hazard : No glass bottles or hard/sharp objects near the tatami area

PLEASE NOTE

Bitte beachten Sie das Reglement und die vorgeschriebene Schutzausrüstung.

Die Bereiche um die Kampfgebiete sind freizuhalten.

Verletzungsgefahr : Keine Glasflaschen oder harten/spitze Gegenstände in der Nähe der Kampffläche

WMAC DIVISIONS

Ringsport Divisions

Kids (7-11 years)	Cadets (15-17 years)		Adults (18-55 years)	
NO RINGSPORT UNDER THE AGE OF 15	Fullcontact/ Kickboxing K1/ Oriental Boxing/ Thaiboxing/ Full MMA		Fullcontact/ Kickboxing K1/ Oriental Boxing/ Thaiboxing/ Full MMA	
Juniors (12-14 years)	Male ♂	Female ♀	Male ♂	Female ♀
NO RINGSPORT UNDER THE AGE OF 15 - No upgrading from Juniors to Cadets possible	-55 KG -60 KG -65 KG -70 KG -75 KG -80 KG +80 KG	-50 KG -55 KG -60 KG -65 KG -70 KG +70 KG	-60 KG -65 KG -70 KG -75 KG -80 KG -85 KG -90 KG +90 KG	-55 KG -60 KG -65 KG -70 KG -75 KG +75 KG



K1-Rules Kickboxing at the World Games 2023 in Germany

PLEASE NOTE

Starters over the age of 44 need a stress ECG to participate in ring sports

Starters between the ages of 15 and 18 also need written permission from a legal guardian - additional for ringsport

Participation in ring sports is not possible from the age of 55

BITTE BEACHTEN

Starter über 44 Jahre benötigen für die Teilnahme am Ringsport ein Belastungs-EKG

Starter zwischen 15 und 18 Jahren benötigen zusätzlich für Ringsport eine schriftliche Erlaubnis eines Erziehungsberechtigten.

Die Teilnahme am Ringsport ist ab dem 55. Lebensjahr nicht möglich

Trainer Explanation & Declaration of consent for minors

[LINK](#)

Erklärung Trainer & Minderjährige Einverständnis

[LINK](#)

WMAC DIVISIONS

Main Forms Divisions

Kids (0-11 years) / Juniors (12-14 years) / Cadets (15-17 years) / Adults (18-39 years) / Veterans (40-49 years) / Masters (50-99 years)
All divisions are separated in Male or Female

Descriptions

(Jiu Jitsu, Judo, Kyokushin, Allkampf ect.)	Hardstyle	White-Green
		Blue-Black
(Shotokan, Goju-Shito-Wado Ryu ect.)	Karate Kata	White-Green
		Blue-Black
(Chinese Style, Wushu, Kung Fu ect.)	Softstyle	Colorbelt
		Blackbelt
(ITF / WTF / ATA or other trad. TKD Styles / Korean Style ect.)	Taekwondo Style	Colorbelt
		Blackbelt
	Non Traditional Creative Style	Colorbelt
		Blackbelt
	Non Traditional Weapons	All Belts
	Trad. Chinese Weapons	All Belts
	Trad. Japanese Weapons	All Belts
(Freestyle / X-Treme)	Freestyle Music	All Belts
(Freestyle / X-Treme)	Weapons Music	All Belts
All Styles	Inclusion	All Belts
		Single Team

Team Forms Contest

Kids(7-11 years) / Juniors(12-14 years) / Cadets(15-17 years) / Seniors (18-99 years)		
TEAM FORM divisions are Male & Female MIXED	Team Formenklassen sind gemixt Männl.&Weibl.	
Team Demonstration	Team Synchron	
2 - 6 Competitors per Team	3 - 6 Competitors per Team	

PLEASE NOTE

The applicant is responsible for the correct age of the Team members.
Incorrect information can lead to disqualification

BITTE BEACHTEN

Der Antragsteller ist für das richtige Alter der Teammitglieder verantwortlich.
Falsche Angaben können zur Disqualifikation führen

WMAC DIVISIONS

Self Defense Divisions (TATAMI)



Kids (7-11 years)	Juniors (12-14 years)		Cadets (15-17 years)	
Real Selfdefense	Real Selfdefense		Real Selfdefense	
Creative Selfdefense	Creative Selfdefense		Creative Selfdefense	
Mixed ♂&♀	Male ♂	Female ♀	Male ♂	Female ♀
All Belts	Colorbelt Blackbelt	Colorbelt Blackbelt	Colorbelt Blackbelt	Colorbelt Blackbelt

Adults (18-39 years)		Veterans (40-49 years)		Masters (50-99 years)	
Real Selfdefense		Real Selfdefense		Real Selfdefense	
Creative Selfdefense		Creative Selfdefense		Creative Selfdefense	
Male ♂	Female ♀	Male ♂	Female ♀	Male ♂	Female ♀
Colorbelt Blackbelt	Colorbelt Blackbelt	Colorbelt Blackbelt	Colorbelt Blackbelt	Colorbelt Blackbelt	Colorbelt Blackbelt

Breaking Divisions (FORMS)



Cadets (15-17 years)		Adults (18-99 years)	
Norm Breaking		Norm Breaking	
Show Breaking		Show Breaking	
Male ♂	Female ♀	Male ♂	Female ♀
All Belts	All Belts	All Belts	All Belts

Grand Championship Challenge

**US System : Male & Female mixed - Decision at short notice by Event: No registration enabled class*

Grand Championship (15 - 99 years)			Grand Championship (15 - 99 years)		
POINTFIGHTING			FORMS		
Male ♂	Female ♀	US System*	Male ♂	Female ♀	US System*
Open	Open	*merged	Open	Open	*merged

PLEASE NOTE

The US system is only approved by the organizer

BITTE BEACHTEN

Das US-System wird nur vom Veranstalter genehmigt

WMAC DIVISIONS

INCLUSION & HANDICAP

Kids(0-11 years) / **Juniors**(12-14 years) / **Cadets**(15-17 years) / **Adults**(18-39 years) / **Veterans**(40-49 years) / **Masters**(50-99 years)

The WMAC reserves the right that understaffed classes will be combined

Inclusion Single	Hardstyle	ALL BELTS
One athlete with a handicap + 1 accompanying athlete without a handicap	Karate Kata	
Handicapped Performer = Starter/Athlet Not handicapped Perf. = Accompanying	Softstyle	
! Just pre register the handicapped performer !	Taekwondo Style	
	Non Traditional Creative Style	
	Non Traditional Weapons	
	Trad. Chinese Weapons	
	Trad. Japanese Weapons	
	Freestyle Music	
	Weapons Music	
	Inclusion	

WMAC DIVISIONS

TAG-TEAM FIGHT

Tag Team : 3 Fighters + 1 Alternative (Fighter can tag at any time of the fight)
Mixed Teams : Will be adjusted at the tournament.



Kids (7-11 years)
Pointfighting
Mixed
Tag Team



Juniors (12-14 years)	Adults (15-99 years)
Pointfighting/ Lightcontact/ Kicklight/Karate Kumite/	Pointfighting/ Lightcontact/ Kicklight/Karate Kumite/

Male ♂	Female ♀	Mixed	Male ♂	Female ♀	Mixed
Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team

PLEASE NOTE

The applicant is responsible for the correct age of the Team members.
Incorrect information can lead to disqualification

BITTE BEACHTEN

Der Antragsteller ist für das richtige Alter der Teammitglieder verantwortlich.
Falsche Angaben können zur Disqualifikation führen

The WMAC reserves the right that understaffed weight classes and categories will be combined





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Please Note	Bitte beachten
No liability for damage of any kind	Keine Haftung bei Schäden jeglicher Art
Familiarize yourself with the rules before registering	Vor Anmeldung ist sich mit dem Regelwerk vertraut zu machen
Pictures and Videos will be made , at the event.	Auf dem Event werden Bild und Tonaufnahmen gemacht.
All rights to images and sound recordings belong to WMAC	Alle Rechte an Bild und Tonaufnahmen liegen bei der WMAC
Spectators are prohibited from remaining in the competition area	Zuschauern ist es untersagt sich im Wettkampfbereich aufzuhalten
The instructions of the judges or officials, as well as the helpers appointed by the WMAC, must be followed.	Den Anweisungen der Kampfrichter oder Offiziellen , sowie den vom WMAC eingesetzten Helfern ist Folge zu leisten.

Useful tips	Nützliche Tipps
Entering an incorrect weight or category or changing on the day of the competition will be punished with an additional entry fee.	Die Angabe eines falschen Gewichtes oder Kategorie sowie der Wechsel am Wettkampftag wird mit einer weiteren Startgebühr geahndet.
Go to the weigh station or registration ready and have your documents open and ready to hand.	Geh Bereit zur Wiegestation oder Registration und hab deine Dokumente geöffnet und griffbereit.
When a category begins, be on time and ready to compete.	Sei bei Beginn einer Kategorie pünktlich und zum Wettkampf bereit.
Changing clothes and delaying the start can result in warnings.	Das Umkleiden und verzögern des Starts kann zu Verwarnungen führen.
The time specified on the online schedule must always be checked. +/- 30 min flexibility.	Die angegebene Zeit auf der online Schedule , ist stets zu überprüfen. Zeitfenster +/-30min.