

Tuesday is our Divisional Meet for the 2023 XC Season to determine which teams race at State! The weather looks good and this will give us a chance to see all the team we have to face at State! The bus leaves at 7:00 am, so make sure to be to the bus on time. The top 16 teams for Herriman will be riding the bus to and from the meet. Please check the meet schedule below so that you know when and where you are racing at the meet. Please email Coach Soles with questions. Athletes not racing will be doing a 3 mile tempo run.

What to bring?	Important Meet Facts	Time Schedule
Uniform: (on when you get to the bus) No Outside Clothing! Limited Jewelry	First 6A event is at 9:00 am	Arrive to School: 6:50 am
\$\$\$ for T-shirt or snack bar	Divisionals is our ticket to the State Finals, take care of business.	Bus Leaves School: 7:00 am
Running shoes/Spikes and extra pair of socks	Varsity Girls – 9:00 am Varsity Boys – 10:00 am	Arrive at Meet: 7:30 am
Food: ex: bagels, bananas, fruit, water and Gatorade	Buses leave from the north side of the high school by the main gym	Leave Meet: 11:00 am Meal Stop: 11:20 am
Extras: Sunscreen, back-up water	Lake Side Park 400 South 1850 West Orem, UT	Arrive at HHS: 1:30 pm



