

MENTALIZATION on the Psychosis Spectrum

Evidence-Based Treatment Approaches

you

me

Dr. Pablo Cascone | Lausanne
Dr. Mark Dangerfield | Barcelona
Prof. Martin Debbané | Geneva
Dr. George Salaminios | London
Dr. Jonas Weijers | Leiden
All lectures will be held in English.

Hosted by Dr. Anna-Lena Bröcker &
Prof. Christiane Montag
Co-Heads of the Research Group
Empathy and Interpersonal Processes

Saturday, September 6, 2025
9:30 a.m. - 4:00 p.m.

Lecture Hall 24 | Carl-Westphal-Hall
Charité - Campus Mitte (CCM)
Charitéplatz 1 | 10117 Berlin
Visitor address: Bonhoefferweg 3

PROGRAM

- 9:30-9:45 a.m. Welcome & Introduction
Anna-Lena Bröcker
- 9:45-10:30 a.m. Emerging Psychosis – Empirical and Clinical Rationale
for Applying Mentalization-Based Treatment
George Salaminios
- 10:30-11:15 a.m. Youth on The Psychotic Spectrum – Clinical Profiles
and Outcomes in the ECID Program
Mark Dangerfield
- 11:15-11:45 a.m. COFFEE BREAK
- 11:45-12:30 a.m. Mentalization-Based Treatment as a Component of
Psychodynamic Psychotherapy for Psychosis:
Modifications and Data from a Randomized-Controlled Trial
Christiane Montag
- 12:30-13:15 p.m. The Long-Term Effects of Mentalization-Based
Treatment for Psychosis
Jonas Weijers
- 13:15-14:15 p.m. LUNCH BREAK
- 14:15-15:00 p.m. Clinical High Risk for Psychosis: MBT Modifications and
the Design of a New Randomized-Controlled Trial
Martin Debbané & Pablo Cascone
- 15:00-15:45 p.m. Panel Discussion
Moderated by Anna-Lena Bröcker
- 15:45-16:00 p.m. Closing Words

Find more information
about the speakers
and lectures here



PROGRAM DETAILS

Dr. Anna-Lena Bröcker (Charité – Universitätsmedizin Berlin, Germany) will introduce the symposium and moderate the panel discussion, reflecting on the findings and the accessibility of mentalization-based treatment (MBT) from various therapeutic perspectives, highlighting its role as a bridging concept.

Dr. George Salaminios (BACP, University College, London, UK) will focus on research findings suggesting that mentalizing may play an important role in determining early trajectories of psychosis expression during the critical developmental period from adolescence to young adulthood. Against this empirical background, he will discuss the application of MBT as a preventative intervention to support resilience among individuals confronted with genetic and other risks for the disorder.

Dr. Mark Dangerfield (Vidal and Barraquer University Institute of Mental Health, Ramon Llull University, Barcelona, Spain) will introduce an innovative MBT intervention program for high-risk youth who are on the psychotic spectrum and unable to engage in other forms of psychotherapeutic treatment. The program has been successfully implemented, as evidenced by clinical and psychosocial outcome data.

Prof. Christiane Montag (Charité – Universitätsmedizin Berlin, Germany) will first explain some psychosis-relevant technical refinements of the MBT model before presenting the results of a three-year randomized controlled trial (RCT) conducted at Charité – Universitätsmedizin Berlin (in cooperation with the International Psychoanalytic University Berlin) that showed significant improvements in synthetic metacognitive abilities in patients with persistent clinical impairments.

Dr. Jonas Weijers (Riverduinen Institute for Mental Health Care in Leiden and Maastricht University, Netherlands) will discuss the effects of MBT five years after the end of treatment in a separate sample, showing long-term effects and addressing key questions regarding the sustainability of treatment in relation to illness severity.

Prof. Martin Debbané (University of Geneva, Switzerland) and **Dr. Pablo Cascone** (University of Lausanne, Switzerland) will revisit the topic of early interventions. They will present conceptual and clinical developments put forward in their MBT approach to tackle clinical high-risk for psychosis. They will detail some psycho-education strategies for this age group, as well as a recently designed RCT aiming to strengthen mentalizing and prevent clinical deterioration in youth at risk.