

# EINKAUFLISTE



Muskelfleisch

---

---

---

---

---

---

---

Obst und Gemüse

---

---

---

---

---

---

---

Innereien

---

---

---

---

---

---

---

Ergänzungsmittel

---

---

---

---

---

---

---

Knochen und Knorpel

---

---

---

---

---

---

---

Notizen

A rounded rectangular box with a dotted border, containing the word 'Notizen' in the center.