



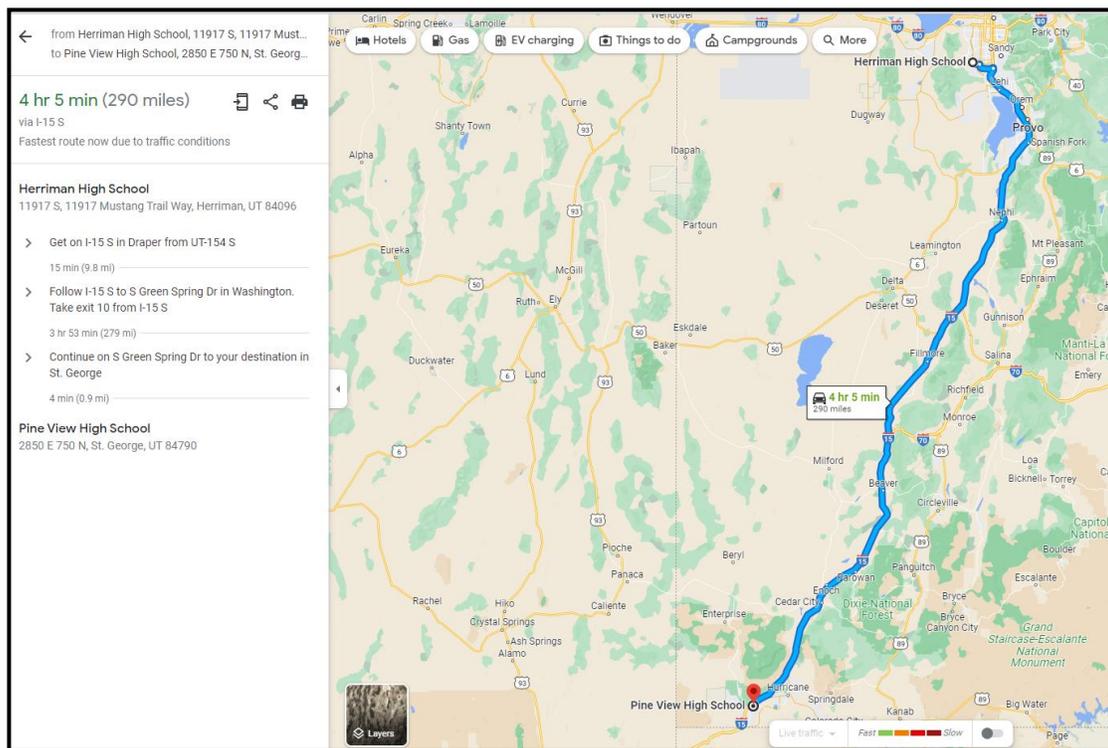
2023

Pine View Invite

Friday the 24th is big trip to a big invite at Pine View High School. The weather looks nice and we should be ready to get some PR's this season! Be on time, in uniform, with sunscreen, ready to compete! We are guessing the meet will be over around 9:15 pm, but it could vary. Anyone who plans to not ride the bus home and stay in St. George to compete on Saturday must have parents fill out a release form through Coach Hop at the meet. **Athletes will only be released to their parents (not relatives, family friends, siblings, grandparents, etc.)**

*Please email Coach Soles with questions.

What to bring?	Important Meet Facts	Time Schedule
Uniform: (on when you get to the bus) No Outside Clothing!	First events are at 2:00 pm	Arrive at HHS: 7:10 am
\$\$\$ for food if they have a snack bar.	Check in at your field events and ask questions so you understand the process.	Charter Bus Leaves School: 7:30 am
Running shoes/Spikes and extra pair of socks	Check the entries online to see what you are in!	Arrive at Meet: 12:00 pm
Food: ex: bagels, bananas, fruit, water and Gatorade	Buses leave from the north side of the high school by the main gym	Leave Meet – 9:15 pm
Extras: Sunscreen, water	Pine View High School 2850 E 750 N St, St. George, UT	Arrive at HHS: 1:30 am



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