

Rotary



Frankston Sunrise

rotaryfrankstonsunrise.org.au

THIRD QUARTER

Rotary Frankston Sunrise Quarterly Newsletter

JULY - SEPTEMBER 2023

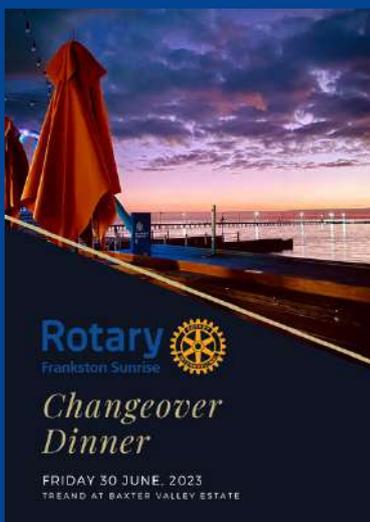
All things Rotary Frankston Sunrise



Welcome to our Third Quarter newsletter for 2023...we've had quite a lot going on over the cooler months that we'd love to share.

Our Changeover Dinner was held on 30 July and we welcomed Peter Richards as incoming President for 2023-2024. It was wonderful to have District Governor Linda Humphries and her husband Mark join us for the evening.

Image: (L-R) Mark Humphries, Dave Wilton, DG Linda Humphries, Ross Luxford





CHANGING OF THE GUARD

In what felt like the blink of an eye, 2022-2023 was behind us and it was time to welcome our club's new leadership team for the coming year.

Our Changeover dinner was held at TreAnd at Baxter Valley Estate and everyone agreed the venue, food and service were all fantastic. It was a truly enjoyable night with good conversation, fellowship, laughter (and perhaps a wine or two from their vineyard), as well as the opportunity to acknowledge and thank outgoing President Peter Cracknell for his hard work, dedication, time, and tireless energy steering the club over the past year.

Under his watch we saw our first female members join, the introduction of Corporate Memberships, another highly successful Annual Golf Day, numerous barbecues, hands-on projects and fundraising events. An incredible effort.



AWARDS AND RECOGNITION

PAUL ARTHUR 'QUIET ACHIEVER'

Dave Wilton

Dave Wilton has been with us as a member for the last two years and makes a very real contribution to Frankston Sunrise, getting in and getting it done.

- Membership & Marketing Director this past year, and continuing into the coming year as Membership Director
- Mentoring support to the Interact Club
- Managing our Bunnings Sausage Sizzle activity
- Delivering a Bite Local Team to the Very Special Kids Treadmill Challenge
- Volunteering and supporting club activities
- AND, stepping up as President-elect Nominee for the Rotary Year 2024-2025

Dave has already made a very significant impact as a Rotarian and clearly, he is a strong and very valued member for the future.

Thank you, and congratulations Dave.





AWARDS AND RECOGNITION

ROTARIAN OF THE YEAR (2022-2023)

Kim Michod

Kim Michod joined us 12 months ago and hasn't she made an impact in the most positive way!

The welcoming of female members to our club was a long time coming, so we were very conscious that the first arrival was a very significant one. It was important that the person felt welcomed and accepted from the start, but equally important they could understand and embrace the Sunrise culture.

Prior to her joining, we had a chance to get to know Kim through her Golf Day involvement, first when she was on the board at Dogs For Kids, and then in her role with Mums Supporting Families In Need. We knew from the outset, that Kim's energy, commitment and sense of humour was the perfect fit for Sunrise – and so it has proved to be!



Kim has blazed a path for the growth of our club into the future and is a tremendous asset to Frankston Sunrise.

Kim, like other new members at the club, doesn't change the Sunrise culture; she enhances it.

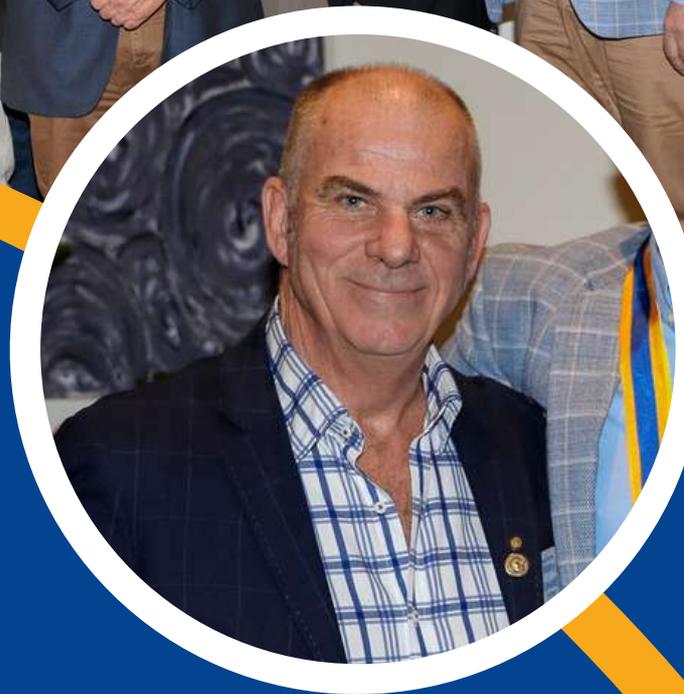
Liked, loved and certainly respected by our membership, Kim Michod, after just on year in the club, is a very worthy recipient of Rotarian of the Year 2022-2023.



AWARDS AND RECOGNITION

PAUL HARRIS FELLOW - SAPPHIRE

Shane Thomas



Shane Thomas, Charter Member, has continued over the past 32 years of service, to be a stalwart and powerhouse of the Rotary Club of Frankston Sunrise. Shane's contribution to Sunrise is undeniable.

- Twice a President – 2011-2012 and 2020-2021
- Committee Director more times than we have records
- Trustee of the Frankston Sunrise Foundation
- Together with David McKenzie, the driving force of our Annual Charity Golf Day for over 20 years
- Led the design and project management of more projects than there is space to mention, but a highlight of course being our boatshed building projects on Frankston Beach that have provided the \$300k that will drive our Community Grants program for some years into the future.

Shane's commitment to service extends well outside his Rotary activities with, for example, his past involvement with PENCOF, his continuing involvement with Frankston City Council and their Community Grants Program and more.

His passion for Sunrise and giving back to the community, his "get it done" attitude, his sense of humour, and the genuine friendship he offers us, is something all our members cherish.

Shane shows no signs of slowing down. He is one of the first to lead, one of the first to volunteer and he has embraced with real commitment the changes that have come to Frankston Sunrise as we build an exciting future for our club.

He is the embodiment of the spirit and personality that is Frankston Sunrise.

The awarding of a Sapphire PHF is perhaps a long overdue, albeit small, recognition of Shane's long-standing and continuing service to the Rotary Club of Frankston Sunrise.

Shane, the sincerest of thanks from all your friends at Frankston Sunrise.

What we achieved



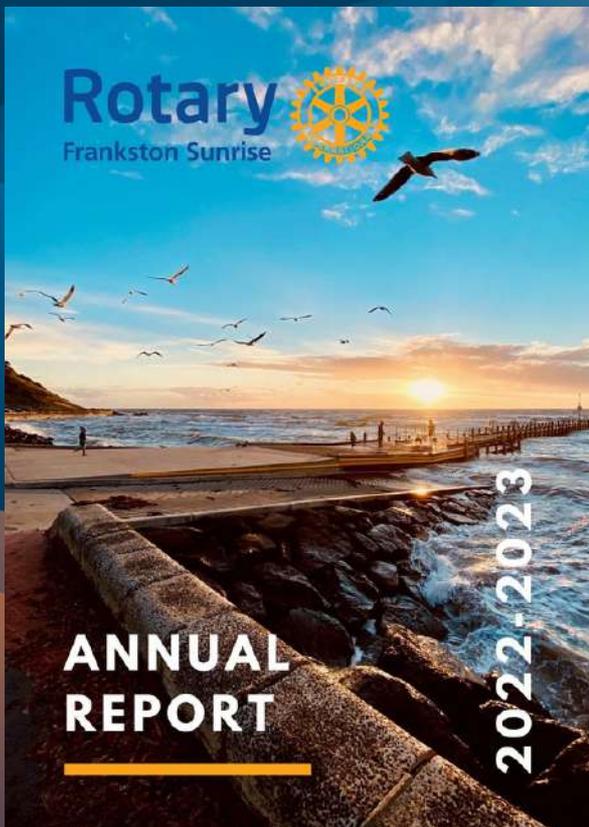
THE YEAR THAT WAS

In July we shared our latest Annual Report for the 2022-2023 year and it's often only when you look behind that you can see how far you've come.

As a club, we are very proud of what we accomplished over the past year with a number of hands-on projects tackled (renovation at the Artists' Residence and McClelland Sculpture Park and upgrade of the mobility garden at St John of God), plus numerous Bunnings and Frankston Football Club barbecues, our Annual Golf Day and the 2022 Treadmill Challenge for Very Special Kids.

With new Corporate and female members joining the club, we are focused on continued growth and would welcome hearing from anyone who might have a community project we could support or who might like to join our ranks.

[Click here to read our 2022-2023 Annual Report](#)





Thank you

WE DID IT FOR THE KIDS

This year's 8-hr Treadmill/Exercise Bike Challenge raised an incredible \$31,123 for Very Special Kids. We are blown away by this result; what a phenomenal community we have.

On Sunday September 10th at Core24 Frankston, seven 'teams' took to the treadmill and bikes from 9am-5pm to raise money and awareness for the work done by Very Special Kids supporting children who are living with a life threatening illness, as well as their families.

Over the past four years, Rotary Frankston Sunrise (with the support of businesses and individuals who have sponsored and participated in this event), has raised in total over \$110,000 for Very Special Kids. We think that's AMAZING!

HUGE thanks to Joe Russo from Core24 for the use of his facilities on the day (and for his \$12,000 fundraising efforts), plus the following businesses and groups who answered the call and got on board: O'Brien Electrical Carrum Downs, Willerby's Solicitors, Core24, Ray White Frankston, Bite Local, Breathe Hair, Rotary Frankston Sunrise, and Frankston High School Interact Club.





WORKING TOGETHER

for our community

One thing we LOVE doing as a club is being involved in our local community, and this past quarter is no exception.

We've sizzled more sausages than we can count at our Bunnings barbecues plus we partnered with Frankston Football Club to run their 'Bar and BBQ' at the home games this season. What a great way to get out and amongst it with our community, have a chat and a laugh, work hard, raise funds, and reinforce what it means to be a Rotarian.

We also supported other community initiatives such as a non-perishable food drive that was undertaken by Lifestyle Hastings (under the watchful eye of former club member Brendan Kincaid) with all food donated being gifted to one of our main charity partners, Community Support Frankston, that will in turn ensure it gets delivered to families in need within the Frankston and surrounding areas.

Community working together
- you've got to love that.



Interact

Frankston High School

If only we could bottle the boundless energy, passion, and sheer enjoyment our Frankston High School Interactors bring to the table, we'd be a force to be reckoned with.

Under the incredible guidance and tutelage of teacher Jon Christie, the FHS Interact Club continues to wow us with their commitment to creating a better world, both locally and overseas.

They tackle every project with gusto and enthusiasm and their support of our Treadmill Challenge for Very Special Kids was no exception, raising an amazing team total of \$4139.

Interact is a Rotary sponsored community service organisation for secondary school students. It is about supporting student engagement in service, developing teamwork, leadership and personal growth for the students.



click to follow them



OUR NEWEST MEMBER



Karin Hann

A little about me

I have lived in the Frankston area since 1979 and have two sons, and three grandchildren (two boys and a girl).

I worked for the Commonwealth Bank for 40 years locally within Victoria and interstate. After my retirement, I was asked to be the Executive Officer of the Frankston Chamber of Commerce which I ran for 10 years. This position got me more involved with the local community, and I was Vice President of Dress for Success (now known as Groomed to Go) for eight years before taking over as President for one year.

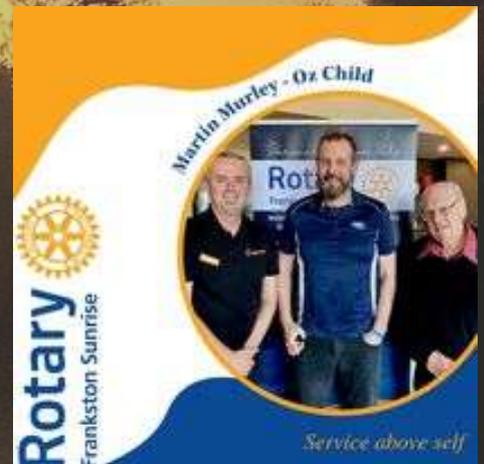
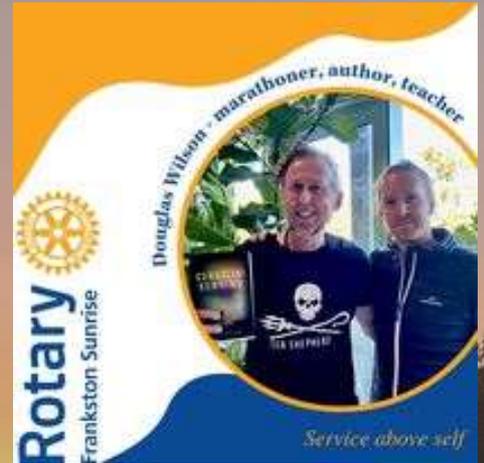
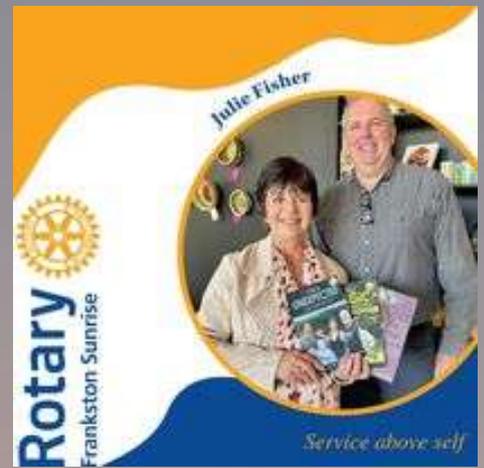
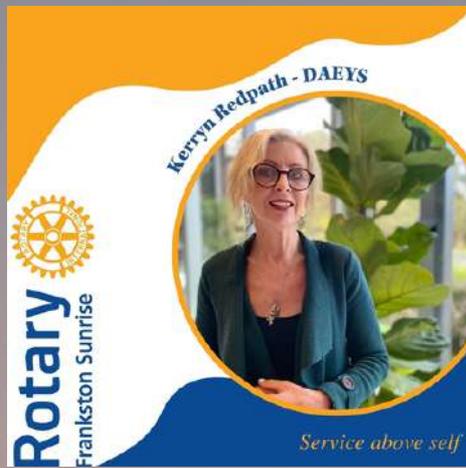
During that time, I was also one of the founding members of PenCof where we raised funds for White Lion to help young people in the community.

Currently I sit on several Committees such as Frankston Charitable Fund, and Community Representative at St John of God. I am also on the Board of the Frankston Suburban Revitalisation, and am the Chair of Reducing Alcohol and Drugs in the Frankston Mornington Peninsula area (RAD-FMP) which was formed to rejuvenate the Frankston train station and surrounding area. Once a week you'll also find me volunteering at Community Support Frankston (CSF).

Joining Rotary will give me an opportunity to help raise more funds and awareness for different causes.

Karin Hann

GUEST SPEAKERS



The art of listening

This quarter, Sunrise members have been entertained, educated and enthralled by a variety of guest speakers who have all gifted their time to share their passion and life learnings.

We heard from three very different and diverse authors - Kerryn Redpath, Julie Fisher, Douglas Wilson - who have faced their own life challenges (and triumphed); psychologist and philanthropist Jamie Usher; and Martin Murley who is the Philanthropic and Corporate Partnerships Manager for Oz Child, a leading child welfare organisation committed to improving the lives of at-risk children, young people and families.

We were also fortunate to hear from club members Ian Stapleton, Ron Jones, and Jason Copeland on a diverse range of topics.



WOULD YOU LIKE TO WORK WITH US?

- Are you a not-for-profit that would like to align with us and share your mission and purpose?
- Are you a business that would like to partner with us to help raise much needed funds that support our community?
- Are you someone who would like to speak at one of our breakfast meetings?
- Are you looking for a volunteer opportunity where you will make new friends and create positive impact at the same time?

Rotary Frankston Sunrise meets every Wednesday morning at 6.45am for 7am start at McClelland Gallery & Sculpture Park

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Please get in touch...we'd love to hear from you.

