



2025

# Taylorsville Invite

Saturday is a big invite at Taylorsville High School. The weather looks nice and we are getting an opportunity to compete against the best in Salt Lake County! The bus leaves very early, so make sure to set 2 alarms and be to the school on time. Make sure you get there in time to get your equipment loaded on the bus. Be prepared for all of your events and realize as we transition to the second half of the season how much your marks matter for getting into future varsity races this season.

Please email Coach Soles with questions.

| What to bring?                                                           | Important Meet Facts                                                                      | Time Schedule               |
|--------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------|
| <b><u>Uniform:</u></b> (on when you get to the bus) No Outside Clothing! | First events are at 8:00 am                                                               | Arrive at HHS: 6:20 am      |
| <b><u>\$\$\$</u></b> for food if they have a snack bar.                  | This is a big varsity meet, be prepared to compete at your best!                          | Buses Leave School: 6:30 am |
| <b><u>Running shoes/</u></b> Spikes and extra pair of socks              | Check the entries online to see what you are in!                                          | Arrive at Meet: 7:00 am     |
| <b><u>Food:</u></b> ex: bagels, bananas, fruit, water and Gatorade       | <b>Buses leave from the north side of the high school by the main gym</b>                 | Leave Meet – ~5:30 pm       |
| <b><u>Extras:</u></b> Sunscreen, water                                   | <b>Taylorsville High School</b><br>5225 S Redwood Road (1700 W)<br>Taylorsville, UT 84123 | Arrive at HHS: ~6:15 pm     |

**At the end of the meet before we head to the bus, make sure:**

- Our team area is cleaned up!
- We have all our batons, shot put, javelin, and discus, and vault equipment.
- You have your personal apparel and competition shoes in your bag.
- Congratulate the opposing athletes, parents, coaches and thank them for hosting the meet.
- You look after our 9<sup>th</sup> graders and make sure they have all their stuff, had a good time at the meet, and ask them what they learned and how they had fun.
- Find ways to contribute to everyone making it to the bus on time and ready to head back to HHS (pack up canopies, ask coaches how you can help, etc).



**Herriman High School Track & Field**

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