

EXPEDITION COSTA RICA

The best nature experiences in 14 days

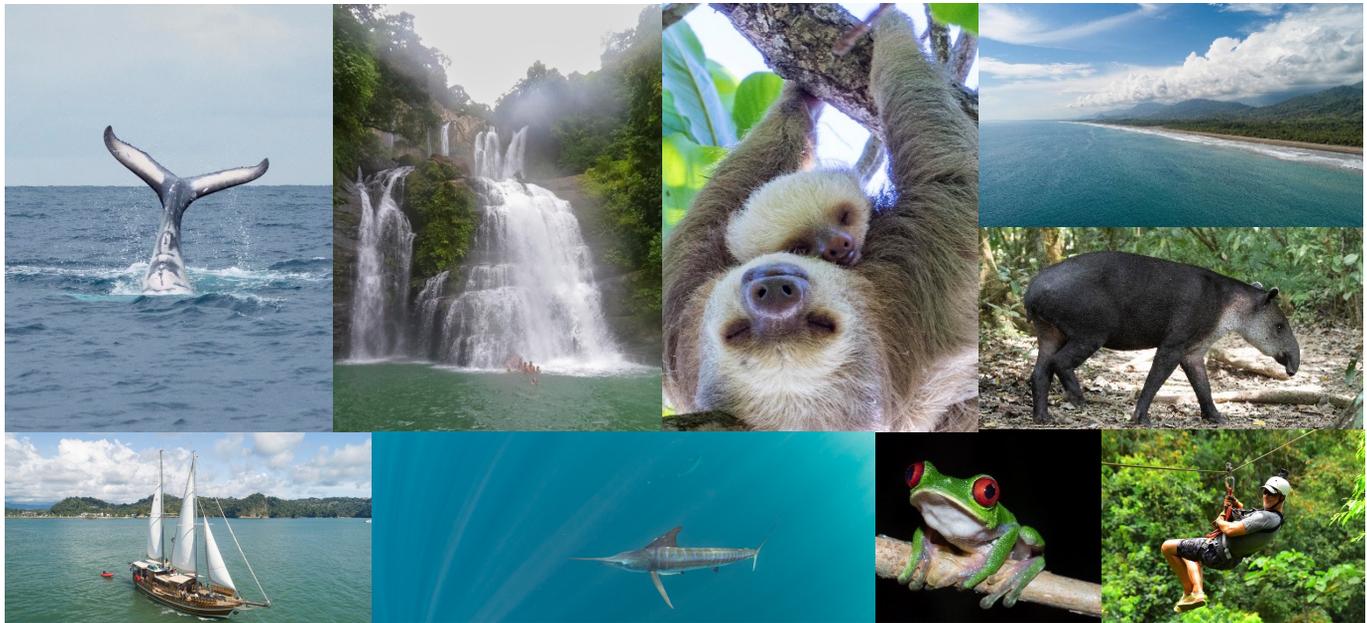
Oceansafaris- Corcovado- Adventure in the jungle

This expedition is new and absolutely unique. The tour has been carefully planned based on years of experience for adventurous divers and nature lovers. We want to bring you to the right place at the right time!

Discover the incredible diversity of creatures around Isla del Cano and on the open Pacific. Visit the most biodiverse area on our planet, Corcovado National Park. Experience exciting adventures at sea and in the jungle - exclusively in small groups (max. 8 people).

We start at the beautiful Paradise Lodge (Austrian owned), from where various excursions (diving, waterfalls, beaches, boat tours, quad biking, ziplining) will be carried out in the first 6 days. Then we head south for another 5 days, to Drake Bay, from where we conduct our exclusive ocean safaris, visit Corcovado National Park, and spend a day diving at Isla del Cano.

Finally, we spend another 3 days at the Paradise Lodge, we go rafting and spend a day on an endlessly long, mostly deserted dream beach.



Price (excluding flights): from EUR 5,990 per person*

*instead of 6,550 Euro per person - Interdive trade fair special - offer valid until January 15th, 2025

Included: Transfers, accommodation, breakfast, all excursions, diving, Austrian tour guide

Date: February 9th - February 22nd 2025



nice
DIVE & TRIPS





Detailed Costa Rica Itinerary

Day 1, Arrival, Transfer:

Your long-haul flight from Europe will arrive in the afternoon at San Jose International Airport. Our driver will be waiting for you right at the exit and will escort you to the vehicle that will take you to your accommodation for the next few days, the Paradise Lodge Costa Rica, in approximately 3 hours. Upon arrival, you'll find water, soft drinks, cold beer, and small snacks waiting for you in the refrigerator. You'll settle into your room in the spacious pool villa and likely fall quickly into the comfortable bed.

The Paradise Lodge pool villa features 6 rooms (2 Superior, 3 Standard double rooms, 1 single room), each with a private bathroom/WC. There's a spacious, central living, cooking, and dining area, as well as a covered terrace by the pool, and a large wooden deck with sun loungers. Breakfast is prepared and served by a staff member in the kitchen. There are supermarkets and restaurants nearby, and dinner can be ordered and delivered there as well. We also have a gas grill available, and we'd be happy to organize a barbecue night together! The Paradise Lodge also has two additional bungalows that can be reserved upon request.



Day 2, Relaxing at Playa Linda, Dominical:

Enjoy a leisurely breakfast at the lodge, followed by a 25-minute transfer to Playa Linda. Chill, swim, and surf on the kilometer-long palm-fringed beach. In the afternoon, visit Dominical, stroll along the beach promenade, explore boutiques, supermarkets, cafes, and bars... then return to the lodge.

Now would be the perfect time for a relaxing massage. With prior reservation and for an additional fee, the therapists will come to our terrace.

The evening is free for you to enjoy as you please.



nice
DIVE & TRIPS





Day 3, Diving Isla del Cano:

After a light breakfast, we'll have an early start today, departing around 6:30 AM for Uvita, with a transfer time of about 40 minutes. We'll be expected at the dive center, where coffee, fruit, and cake will be waiting. We'll take care of formalities, rent equipment if necessary, and have a briefing. Then, it's a short walk to Marino Ballena National Park, where our boat departs. We'll sail for about an hour to "Isla de Cano," often accompanied by dolphins, and with luck, we might even see humpback whales.

We'll do 2 dives, where we're likely to see whitetip reef sharks, turtles, rays, and various schools of fish. From January to April, it's "manta season" – at the dive site "Bajo del Diablo," an encounter with these majestic giants (wingspan up to 6m!) is very likely! Between the dives, there's an opportunity to explore the island. A short hiking trail leads to a beautiful viewpoint, or you can take a siesta on the lovely beach in the shade of a palm tree. Snacks and drinks are available on the boat. We'll return to the dive center around 3 PM. The afternoon/evening is free, with a return transfer either directly after diving or after dinner.



Day 4, Sailing with Brisa Elegante:

Today we drive to Quepos to the Marina Pez Vela, transfer time about 1 hour. Here we take a walk, there's an Italian ice cream parlor, shops, and restaurants. At 2 pm, we board the elegant, 33-meter-long wooden sailing ship "Brisa Elegante". We'll take a sailing trip into the waters off Manuel Antonio National Park, anchoring there to swim, snorkel, or take a kayak tour. The crew will serve an excellent dinner, then we'll slowly head back, and after the usually spectacular sunset, we'll reach our berth again. With luck, we'll see dolphins or even humpback whales during the tour. In the marina, we can then round off the beautiful day with a cocktail before checking into our hotel nearby.





Day 5, Quad Tour, Zip-lining:

After breakfast on board, we head to the Adventure Park "Vista los Suenos," where we have reserved the combo tour "Quad and Zip-lining." First, we'll be taken by tractor to the mountaintop, from where we'll zip down through the rainforest on a total of 10 cables.

Then, it's about 2 hours on a quad bike through the jungle on muddy paths, crossing rivers and enjoying spectacular viewpoints. Along the way, there will be fruits and water. Please bring closed shoes, a towel, sunscreen, insect repellent, swimwear, and a change of clothes. Showers are available! After this adventure, we drive back to the Paradise Lodge.



Day 6, Waterfalls:

Today we'll take a tour to the famous Nauyaca Waterfalls, located not far from our lodge. The transfer directly to the waterfalls by truck is included, for an additional fee you can also ride there on horseback.

At the waterfalls, you can swim, climb, and jump from the cliffs - or simply enjoy the unique, spectacular view.



Day 7, Ocean Safari, Drake Bay:

Today we'll start very early, heading to Sierpe (transfer time about 90 minutes). At the quaint dock, there's still time for a quick breakfast, then we'll take a boat through the mangrove system of the Rio Sierpe, further through the river mouth, and then out onto the open Pacific. This tour has an expedition character, anything is possible. We'll search for megapods of dolphins, schools of tuna, marlins and sailfish, silky sharks, and various species of whales. Depending on the weather and sea conditions, as well as the behavior of the respective animals - and of course in compliance with current laws - the animals will either be observed from the boat, or we'll go into the water with them, where you can experience them up close while freediving.

Depending on the group size, we'll do this tour with a maximum of 2 boats. You won't see any other boats during the entire tour, there are no other operators with a comparable offer in Costa Rica!

Our Ocean Safari is led and accompanied by an experienced local team, and of course, our group will be exclusively looked after, meaning we'll have plenty of space on the boat. Nevertheless, we would like to point out that there are NO toilets and NO cabins on the boat. There are enough seats, a continuous sun canopy, and of course, plenty of snacks and drinks on board. After this strenuous and exciting day at sea, we will take you to your hotel in Drake Bay.



nice
DIVE & TRIPS





Day 8, Ocean Safari, Night Hike:

The hotel will provide breakfast, and then we'll head back out to sea to try our luck once more. After the Ocean Safari, you can relax a bit at the hotel and have dinner. Then we have another highlight planned: We'll venture into the jungle in the dark with biologist Tracie and her husband. They'll show you the incredible diversity of Costa Rica's nocturnal creatures. From scorpions to crocodiles, from red-eyed tree frogs to ocelots, anything is possible here. The tour lasts about 2 hours, after which you'll be brought back to the hotel.



***** **WICHTIGER HINWEIS** *****
Der Reiseplan wurde sorgfältig aufgrund langjähriger Erfahrungen geplant. Wegen Wetter- und Umweltbedingungen, Änderung der Verhaltensmuster der Tiere oder Änderungen lokaler Voraussetzungen kann es sein, dass der Ablauf kurzfristig geändert werden muss. Auch ist es möglich, dass wir keine Tiere während der Oceansafaris sehen werden.
All das stellt keinen Stornierungs- oder Minderungsgrund dar. Wir garantieren selbstverständlich unseren größtmöglichen Einsatz, um für unsere Gäste einen perfekten, sicheren Urlaub zu gewährleisten.

Day 9, Ocean Safari:

All good things come in threes! So today we spend the day once again at sea, in search of spectacular encounters. In the afternoon, we return to Drake Bay, with time to relax - perhaps at one of the beautiful beaches or with a massage? A walk through the town of Drake Bay is also worthwhile, there are some nice restaurants and bars.





Day 10, Corcovado National Park:

Today we venture into the most biodiverse area on our planet - Corcovado National Park. Right after breakfast, you'll be taken by boat to the beach at Sirena Station (travel time approx. 90 minutes). From here, you'll go in small groups with a guide through the jungle, on the lookout for tapirs, monkeys, anteaters, sloths, and more. At lunchtime, you can recharge with drinks and a snack at the Sirena Station, where there are also restrooms. In the afternoon, you'll take another hike before returning to Drake Bay by boat.

Day 11, Isla de Cano:

After breakfast, we check out of the hotel. We'll bring all our luggage onto the boat and travel for about 40 minutes to Isla de Cano, where we'll do 2 dives. In between, there will be drinks and snacks, and again the opportunity to go to the island. After the second dive, we'll head back to Sierpe, and from there directly to the Paradise Lodge.



Day 12, Relaxing at the Beach

Today we can visit the Farmers Market in Dominical, then we'll head to one of the beautiful beaches in our area. We'll spend the day looking for sloths, surfing, swimming, or just lazing around. We'd also be happy to book surf lessons for you, whether you're a beginner or advanced. After all, our beaches are world-renowned among surfers.



nice
DIVE & TRIPS





Day 13, Rafting:

Today, in the truest sense of the word, no eye will remain dry!
 We drive about 1 hour to the starting point of our next adventure:
 About 11 km before the mouth of the Rio Savegre, we start with our
 raft, heading downstream over rapids through the jungle. We take a
 break at an incredibly beautiful waterfall, where we'll also have a
 snack. The entire tour is accompanied by a photographer in a kayak;
 the spectacular pictures are included in the price and will surely be a
 beautiful reminder of this exciting tour. We can then experience the
 last sunset of the trip on the beach, after which the shuttle will take
 us back to the Paradise Lodge.



Day 14, Return trip:

After breakfast at the Paradise Lodge, you'll have plenty of time to pack your bags. Our shared transfer to San José airport starts around noon, with a travel time of about 3.5 hours.
 During the drive, we'll make a stop at the Tarcoles Bridge, where you can almost always observe countless crocodiles. There are also some local eateries there where you can get snacks and drinks.



All Photos © 2024 Scupix.com/F. Koller



09.02.2026	Flug	nicht inkl.	Hin+Zurück ab EUR 800,-	Wir beraten dich gerne zur idealen Flugverbindung	3 Nächte Paradiselodge
	Transfer Flughafen - Paradiselodge	inkl.			
	Willkommensgetränk, Snack	inkl.			
	Übernachtung im Standard DZ	inkl.			
	Einzelzimmerzuschlag	nicht inkl.	US 30,-/Nacht	(=150,- für den Aufenthalt in der Paradiselodge)	
10.02.2026	Übernachtung/Frühstück	inkl.			
	Transfers Strand, Dominical	inkl.			
	Mittagessen, Abendessen, Massage	nicht inkl.	Massage ca. US 60,-/h		
11.02.2026	Übernachtung/Frühstück	inkl.			
	Transfer Uvita	inkl.			
	Tauchen	inkl.			
12.02.2026	Mittagessen, Abendessen	nicht inkl.			
	Übernachtung/Frühstück	inkl.			
	Transfer Quepos Marina Pez Vela	inkl.			
	Mittagessen	nicht inkl.			
13.02.2026	Bootsausflug	inkl.			
	Abendessen	inkl.			
	Übernachtung/Frühstück	inkl.			
	Einzelzimmerzuschlag	nicht inkl.	US 100,-/Nacht		
14.02.2026	Transfers Vista los Suenos-Paradiselodge	inkl.			
	Quad- und Zipliningtour	inkl.			
	Mittagessen/Abendessen	nicht inkl.			
	Übernachtung/Frühstück	inkl.			
15.02.2026	Transfers/Eintritt Nauyaca	inkl.			
	Reiten, Mittagessen, Abendessen	nicht inkl.	Reiten + ca. US 55,-		
	Übernachtung/Frühstück	inkl.			
16.02.2026	Transfers Sierpe-Drake Bay	inkl.			
	Oceansafari, Snacks	inkl.			
	Abendessen	nicht inkl.			
	Übernachtung/Frühstück	inkl.			
17.02.2026	Transfers Sierpe-Drake Bay	inkl.			
	Oceansafari, Snacks	inkl.			
	Abendessen	nicht inkl.			
	Übernachtung im DZ/Frühstück	inkl.			
	Einzelzimmerzuschlag	nicht inkl.	US 100,-/Nacht	(=400,- für den Aufenthalt in Drake Bay)	
18.02.2026	Oceansafari, Snacks	inkl.			
	Jungle-Nighttour	inkl.			
	Abendessen	nicht inkl.			
	Übernachtung im DZ/Frühstück	inkl.			
19.02.2026	Ausflug Corcovado NP inkl. Eintritt	inkl.			
	Mittagessen	inkl.			
	Abendessen	nicht inkl.			
	Übernachtung/Frühstück	inkl.			
20.02.2026	Tauchen	inkl.			
	Transfers nach Sierpe und Paradiselodge	inkl.			
	Mittagessen/Abendessen	nicht inkl.			
	Übernachtung/Frühstück	inkl.			
21.02.2026	Transfer Strand	inkl.			
	Mittagessen/Abendessen	nicht inkl.			
	Übernachtung/Frühstück	inkl.			
22.02.2026	Transfers Dominical/Rio Savegre	inkl.			
	Rafting	inkl.			
	Mittagessen	inkl.			
	Abendessen	nicht inkl.			
22.02.2026	Übernachtung/Frühstück	inkl.			
	Gemeinsamer Transfer zum Flughafen	inkl.			
	Rückflug (Ankunft Europa 23.02.2026)	nicht inkl.			

3 Nächte
Paradiselodge1 Nacht
Quepos2 Nächte
Paradiselodge4 Nächte
Drake Bay3 Nächte
Paradiselodge

nice
DIVE & TRIPS



Country info Costa Rica

General:

Costa Rica is one of the safest countries in Central and Latin America and is also called the "Switzerland of Central America". This is not only because of the mountainous landscape but also because of the relative prosperity. In 1948 the military was abolished and since then investments have been made in education and health care. This demonstrably gives the population a high level of life satisfaction: Costa Rica has already been at the top of the world's Happy Planet Index three times. This HPI is an alternative progress indicator to GDP and is determined, among other things, by the life expectancy and life satisfaction of the inhabitants of a country.

On the Nicoya Peninsula in the northwest of Costa Rica, there is also one of five "Blue Zones" worldwide, these are regions in which people live much longer than average.

Costa Rica has approx. 5.2 million inhabitants on an area of approx. 51,000 km². The country has approx. 210 km of Caribbean coast in the east and 1,020 km of Pacific coast in the west, it borders Nicaragua in the north and Panama in the south.

Approx. 27% of the country is now under nature protection, in the national parks you will find the greatest biodiversity on earth!

The national language is Spanish, English is also spoken in the tourist areas.

Arrival and entry:

Direct flights from Frankfurt, Zurich, Paris, Amsterdam, Paris, Madrid, London. Flight duration approx. 10 hours. Austrian, German and Swiss citizens can enter visa-free with a passport that is still valid for 6 months and stay in the country for up to 90 days.

Time difference:

CET -8 hours (summer time) or -7 hours (winter time)

Currency:

The official currency is the Colón, but US dollars are also accepted everywhere. Both currencies can be withdrawn from ATMs. US dollars in cash and a credit card (for car rental!) should be taken with you.

Reachability:

The mobile network is very well developed in Costa Rica. Prepaid SIM cards, also with data plans, are available in every supermarket.

Electricity:

The mains voltage is generally 110 volts, adapters (as for the USA) should be brought along.

Safety and health:

Crime is no worse than anywhere else in the world, there is almost no physical violence. However, valuables should not be left in parked cars or backpacks unattended on the beach.

The health system is quite well developed and enables rapid help in emergency situations (Tel. 911).

Vaccinations:

Vaccinations are not mandatory for Costa Rica, but Hepatitis A and Typhoid are recommended. There is a low risk of Malaria and Dengue fever, the best protection is with anti-mosquito repellent, mosquito nets, and long clothing.



nice
DIVE & TRIPS



Country info Costa Rica

Best time to travel:

Generally, the time of the European winter, from December to March, is considered the best time to travel to Costa Rica.

However, this statement is only partially true, because there are different dry and rainy seasons in the different regions and Costa Rica is worth a trip even in the "off-season". For example, the larger of the two annual humpback whale migrations takes place in August and September. The largest number of turtles during an Arribada is usually seen in October and November. Those who avoid the high season will of course also encounter fewer tourists, and the prices are often significantly cheaper. A rain jacket should not be missing from your luggage at any time!

Overview of the best travel times by region

Central Valley

Around the capital San José, the rainy season lasts from May to November. During this time it mostly rains in the afternoon, sometimes very heavily, October is the month with the most rainfall. However, the mornings are mostly sunny all year round and perfect for excursions, e.g. to the Poas volcano.

North

The region around the Arenal volcano and La Fortuna is a rather humid zone all year round, rain showers must always be expected.

Caribbean

It also rains relatively a lot on the Caribbean coast all year round. It is usually driest in September and October, with the most rainfall in July, December and January. Due to the high rainfall, the vegetation in this region is particularly lush and attractive.

Northern Pacific, Nicoya Peninsula

Here are the driest areas of Costa Rica. From December to April it is almost always sunny, but the vegetation is often literally parched and brown at this time, some trees lose their leaves. In January there is often strong to stormy wind. September is a good time to observe the turtle Arribada and to dive with the bull sharks, mostly sunny in the morning and occasional rain in the afternoon.

Central and South Pacific

This region is significantly more humid than the northern Pacific, but the vegetation is also more lush and green. December to April are the driest months, when the sea is also calmest and the visibility underwater is best. The smaller of Costa Rica's two humpback whale migrations also falls exactly in these months. Another advantage of the dry season: there are almost no mosquitoes! In March/April, Pacific manta rays also often come to the reefs around Isla del Cano.

The most humpback whales can be seen from August to October, in these months the animals come from the southern hemisphere to mate and give birth to their young in the warm waters off the Pacific coast. Costa Rica has the longest whale watching season in the world with a total of 8 months!

