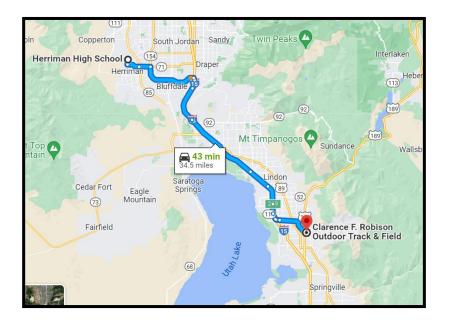


The Utah State Meet is what it is all about! It is time to take on the best 6A teams in Utah, and show that our program is one of the best! This is a 2 day meet for all of the marbles, so we want to make sure our athletes are focused with no outside distractions this week. We will be competing only against the other 6A teams, with the winner in each event being declared the State Champion! This meet will have the best competition we have seen this season, so our athletes have to be physically and mentally ready to step out there and give there all. We have a few athletes and relays with legitimate chances to win a title this year! Please double check *your* entries posted for qualifiers. Time to step up!

What to bring?	Thursday Time Schedule	Saturday Time Schedule
Uniform: (on when you get	Bus Arrives to Herriman: 7:15 am	Bus Arrives to Herriman: 5:30 am
to the bus)	Bus Leaves Herriman: 7:30 am	Bus Leaves Herriman: 5:45 am
<u>\$</u> \$\$ for T-Shirt (optional) & Food (snack bar)	Bus Arrives at BYU: 8:15 am Bus Leaves BYU: 4:45 pm	Bus Arrives at BYU: 6:30 am Bus Leaves BYU: 7:00 pm
Running shoes/Spikes and extra pair of socks	Bus Returns to Herriman: 5:30 pm	Bus Returns to Herriman: 7:45 pm
Food: ex: bagels, bananas, fruit, water and Gatorade	First Events 10:00 am	First Events 7:30 am
These can be long days, have a plan for food, hydration, naps, etc.	BYU: Clarence F. Robison Outdoor Track & Field Stadium 1600 N Canyon Rd, Provo, UT	If arriving with parents, make sure you arrive a couple hours before your event.





Herriman High School Track & Field
Coach Soles – Cell # 951-326-6992
Email – doug.soles@jordandistrict.org