

Liberation from the energetic shackles of the Kaliyuga



Stephanie Bunk

3rd edition, March 2021

Author: Stephanie Bunk

Title: Work and activity of the 19 Siddhas -.

Liberation from the energetic shackles of Kaliyuga

Photos: Balaji K.V. Kuppam, Sriraman **Graphic editing**: Stephanie Bunk

Printed in Germany.

© Stephanie Bunk Marktstr. 11 88677 Markdorf

E-mail: siddhazentrum-markdorf@gmx.de

All rights reserved.

We are living in a very special time. Humanity is awaiting a new age. More precisely, a golden age, called "Satyayuga" (Age of Truth) in the Vedic scriptures and announced by many different traditions around the world for many centuries already. In a few years, the earth as we know it will be a different one - now still beyond our imagination. It will return to its original state. The new consciousness is the unity consciousness of human beings with their soul, the laws of nature and the divine core within us. It is the age of harmony, of the balance of man and earth and of unity and love in togetherness. Nature will vibrate in its highest energy frequency. People will awaken to their highest potential and live it.

TABLE OF CONTENTS

The background	7
The Three Gunas	7
The Four Yugas	9
The Lokas	13
Sanatana Dharma - The Eternal Law of Nature	15
The 19 Siddha	16
The 1st Siddha: Sri Agastya Rishi	20
The palm leaf libraries	21
The 19th Siddha: Sri La Sri Mahananda Siddha	23
Sriraman	26
The Current Transformation Process: From Ego Consciousness Soul Consciousness	s to
The inner energetic counterforces of the soul	36
Samskaras	36
Karma	37
Disease	38
The polar opposing forces of the soul	39

The 6	external energetic opposing forces of the soul	39
	Radiation exposure	39
	Imbalance of the 5 elements	40
	Low frequency food, air and soil composition	41
	Extraneous energies	41
Liber	ration from the Energetic Shackles of Kaliyuga	43
	Liberation from the internal counterforce	44
	Consultation	45
	Gemstones	45
	Maha Poorna Atma Yoga	47
	Yantra	48
	Scandamania	50
	Energetic effect of the name	50
Liberation from the external energetic fetters	51	
	Alchemical recipes	51
	What is New Energy World?	52
	Maha- Aura- Card	53
	Natural Healing Rooms (NEH)	54

Healed Fields & Gardens	55
High Frequency Homes	56
Maha Aura Collection	56
The goal of the journey: Arrived in your own light	58
List of Figures	60
Appendix	62

THE BACKGROUND

The earth and mankind are facing a new age. This has already been announced by different spiritual traditions worldwide for several centuries. This age is called, among other things, the "golden age", "the New Earth" or in the ancient Indian scriptures, the Vedas, "Satyayuga". "Satya" means truth and "Yuga" age.

In order to be able to grasp the whole depth and dimension of what is happening on earth and in nature at the moment, some terms have to be explained first, which give a key to a better understanding. They come from the ancient Indian Vedic scriptures and are called "three Gunas", "Yugas", "Santana Dharma" and "Lokas". What is special about these scriptures is that they bring worldly and spiritual events into a unique, universal context and, from an experiential scientific point of view, describe them in detail. The Vedic knowledge is timeless, universal and universally valid.

THE THREE GUNAS

The "three gunas" are the most subtle energetic principle from which all matter in its most subtle form is composed. In their original state, the three gunas form a perfect balance. With the beginning of the process of creation, which according to the Vedic scriptures began with the Big Bang, their balance shifted and thus the universe manifested. The three gunas are called

"sattva", "rajas" and "tamas" and perform different functions in creation. "Tamas" is mass, stability, solidity. It is an energetic

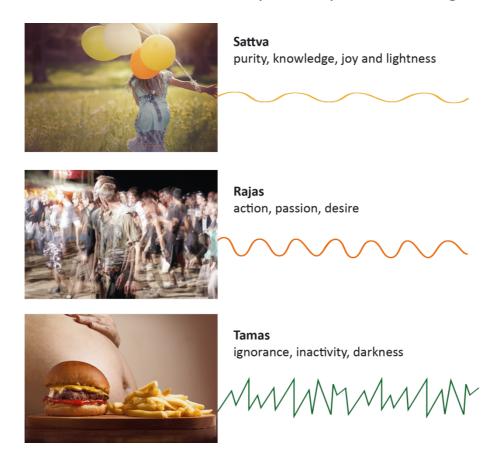


Fig. 1: The three gunas

force that can hold molecules together. E.g., without the quality of tamas, no wall of a house could stand. Rajas is movement. If there was no movement, everything in creation would be rigid and motionless. For example, without rajas, we could not think thoughts, feel emotions, breathe, or move, because behind all of these aspects, the principle of movement is at work. Sattva is light and information and the most subtle of the three forms of energy. Through sattva we can receive information intuitively

from the universal field of knowledge and apply this knowledge to ourselves and our lives. Sattva is also involved in many communication processes.

In each object, the three gunas exist in different proportions. For example, a wall has a lot of tamas and little rajas and sattva, whereas a river has a lot of rajas and sattva and little tamas.

The three gunas have a correspondence in our consciousness and determine our mental state. For example, if a person has too much tamas in his consciousness, he experiences states of heaviness, darkness, negativity and depression. If much rajas prevails in him, his mental state is passionate, nervous, driven by ambition and aggressive. One who has much sattva experiences purity, light, love, creativity and lightness.

Tamasic and rajasic consciousness can, depending on their expression, create great imbalances and disharmonies in man and in nature and distance us from our divine primordial nature. The higher the proportion of sattva in a person's consciousness, the closer he is to his own divine nature. However, the original divine consciousness exists beyond the three gunas. The three gunas are part of the changeable nature.

THE FOUR YUGAS

According to the Vedas, a cycle of creation consists of four different ages and lasts a total of 4.32 million years. Just as the seasons are characterized by their own mood, so are the ages. In

these ages the mixing ratio of the three Gunas in the collective consciousness field of the earth and humans is differently pronounced. **The four yugas are:**

1. **Satyayuga:** almost 100% of people live in harmony with nature, the laws of nature and in divine consciousness. It is the age of the original earth and highest purity of man and earth. Nature is permeated with sattva (light).

Duration: 1.728 million years

2. **Tretayuga:** 75% of people live in harmony with nature, the laws of nature and in divine consciousness. The consciousness of about 25% of all people sinks into the low-frequency material consciousness (ego consciousness). In nature, rajas and tamas increase.

Duration: 1.296 million years

3. **Dvaparayuga:** 50% of humanity lives in harmony with nature, the laws of nature and in divine consciousness. The consciousness of about 50% of mankind is sinking to the low-frequency material consciousness (ego consciousness). Rajas and tamas continue to increase.

Duration: 864,000 years

4. **Kaliyuga:** Age of strife, war, lies, separation and destruction. People forget their divine origin and with it their higher abilities. 25% of the people live in harmony with nature, the laws of nature and the divine consciousness. 75% of people live in ego consciousness. The expression of rajas

and tamas in nature reaches its peak. The material and energetic balance of the earth threatens to tip over.

Duration: 432,000 years

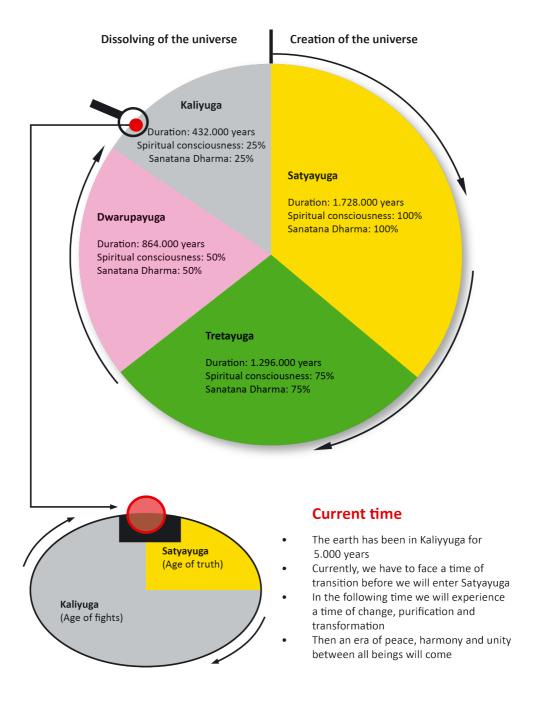


Fig. 2: The four Yugas - The Ages of the Universe

A time cycle of 4.32 million years is called Mahayuga (great age). "Maha" means "great. A thousand Mahayugas in total are called the life of Brahman (Creator). It covers 4.32 billion years. When the cycle of creation is completed, the universe dissolves (pralaya) to begin a new cycle of creation after a period of rest.

A special feature is that there can be subcycles of other ages in each yuga. For example, the Kaliyuga lasts a total of 465,000 years. Within this period, for example, a 1000-year period of a Dwarupa Yuga, Treta Yuga or Satyayuga can occur. At this time, the saturated energy in nature increases for a short time. However, as soon as the period is over, the sattva decreases again and rajas and tamas increase again.

For 5000 years, mankind and the earth have been in a Kaliyuga.

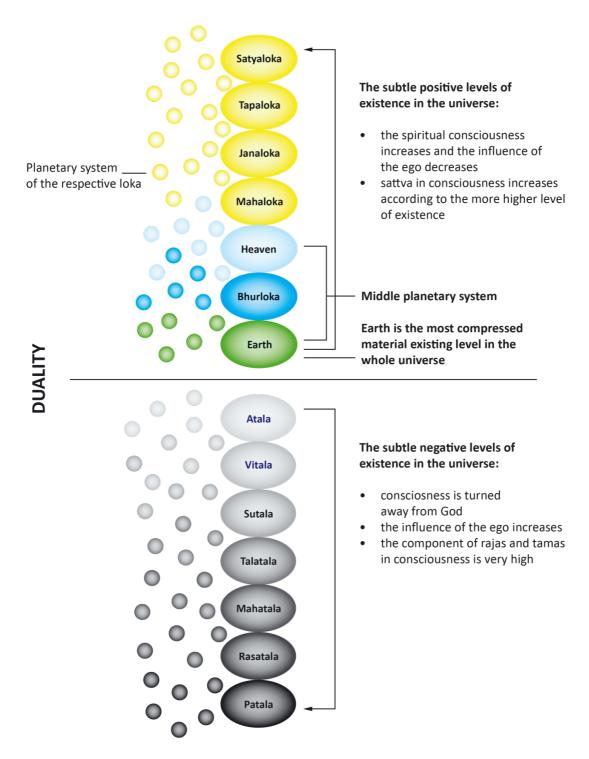
Currently, a great transformation process is taking place in nature, as the ages are changing. Within the Kaliyuga, man and earth will enter a 1000-year Satyayuga, which will be inserted into the superordinate Kaliyuga as a time-limited period. So, from an energetic point of view, earth and man have to accomplish a maximum performance in terms of inner development. All are called upon to evolve from the low-frequency and disharmonious ego consciousness into the high-frequency harmonious unity consciousness. Part of this development is a deep purification process, in which the consciousness of man and earth must be freed from the dominating and disharmonious tamasic and rajasic residues of consciousness (disharmonies, egoism).

The locas

According to the Vedas, the universe consists of a total of 14 planes of existence called "Lokas". There are seven light worlds and seven dark worlds. They are part of the play of duality, so that the soul can experience itself against the background of light and darkness. These worlds are on different frequencies of consciousness. The higher the level of consciousness, the higher the energy frequency and the more sattva, i.e., love and light prevail. The lower the level of consciousness, the lower vibrational the energy frequency and the more tamas and rajas dominate.

The earth belongs to the last level of the positive planetary systems. It is considered a transformation planet for light and dark forces. Souls who incarnate from the dark realms get the chance to ascend into luminous realms. Souls that incarnate from the luminous worlds often do so to help people and the earth. However, they can also become entangled in material consciousness and fall. Our mental state, which we have developed during our lifetime, determines, among other things, according to the law of resonance, into which plane of existence we enter after we have left the body.

The highest plane of existence is called Satyaloka. It is the level from which the impulses of creation for the entire universe are sent out. It is the level of the siddhas.



- According to the ancient Indian writings the universe exists of 14 different levels of existence.
- Each level of existence consists of own planets. They all exist here and now on a different perception frequency.

Fig. 3: The positive and negative planes of existence of creation

Sanatana Dharma

The "Sanatana Dharma" is the eternal law of nature (the divine order), which has universal validity in all ages on earth.

The law, if observed and integrated into one's life, guarantees abundance on all levels of being: spiritual, material, physical and interpersonal. If this law is ignored, this leads to suffering, karma, disease and decay as it happens in the Kaliyuga. In the Satyayuga, the coming age, the Sanatana Dharma will again awaken to its full flowering and will be equally respected by all living beings.

The Sanatana Dharma has two important goals. One is to guarantee the well-being and spiritual growth of an individual, as well as that of society as a whole. For this purpose, it clearly defines how people - from a social point of view - should live with each other, so that everyone involved can lead a happy, peaceful and fulfilling life.

On the other hand, this law also states that every human being is free to choose with which divine aspect he wants to connect. According to the Sanatana Dharma, there is only one God, who manifests in different aspects, such as Krishna, Jesus, the divine mother or Buddha. Each person is therefore free to choose which aspect to worship and in what way. Universal keys are devotion, humility, love, selflessness and sincere effort on the spiritual path.

Whenever people no longer live according to the law of Sanatana Dharma, the Divine incarnates on earth in a physical body to restore the memory of this law and its observance.

THE 19 SIDDHAS

WHAT IS A SIDDHA?

The word "Siddha" comes from the ancient Indian language tamil and means "perfection". A siddha is a divine being who has realized the highest possible divine. They exist as individuals in the subtle realms or incarnate in physical form to help all beings from the highest levels of consciousness to free themselves from material entanglements and return to their own divinity. They also work for the preservation and protection of the balance of the earth and the people. For this they can work in physical form as well as from the subtle ethereal levels.

A Siddha masters the Asthama Siddhis. He has godlike abilities, which he uses for the benefit of all beings and the highest harmony. "Ashta" means "eight." "Siddhi," "supernatural power." The eight siddhis include:

Anima:

Ability to shrink the body to the size of an atom.

Mahima:

Ability to increase and expand to infinity.

• Laghima:

Ability of levitation, that is, to make the body weightless.

Gharima:

Ability to make the body as heavy as a rock.

• Prapti:

Ability to overcome all obstacles. Clairvoyance, clairaudience, reading minds, understanding the language of animals and foreign languages.

Ishatwam:

Attainment of divine power. Ability to create and control.

Vasitwam:

Mastery of the laws of nature

• Prakamya:

Ability to fulfill all desires or dwell in a state of perfect desirelessness.

Siddhas are liberated souls and universal teachers. They do not follow any systems, dogmas or religions. From their perspective, only the ONE world, the ONE universe exists. For those they meet, they have only one message: to abandon ignorance of one's own nature, to overcome all egoism and to confront the inner truth, which, if lived, leads to inner harmony and inner peace.

Siddhas usually live a longer than average life. Siddha Agastya is said to have lived over four yugas. Siddha Bhoga 12,000 years, other Siddhas between 150 and 5,000 years. They control the laws of nature

and can thereby directly influence the creation and make changes for the good in it. They are not bound to place, time or space.

There are various Siddha lineages around the world. In the southern Indian state of Tamil Nadu, there is the lineage of the 19 Siddhas, which begins with Siddha Agastya. Some of the 19 Siddhas, such as Siddha Bhoga are said to have traveled the world during their lifetime. There are written records that Siddha Bhoga taught in China as Lao Tzu and was also in South America.

13 years ago, Sri La Sri Mahananda Siddha became the 19th Siddha of this lineage. He lives in Mahadevamalai near Vellore and is currently building a large temple there, which will be of great importance to the earth and humanity for the coming Satyayuga.

In literature, there is overlap, and sometimes discrepancy, in the naming of those Siddhas who are counted among the 18 Siddhas. In a hall of the temple built by Mahanandha Siddha, including Ganesha and Subramnaya, the following names of the 18 Siddhas were carved into a stone wall by Sri La Sri Mahananda Siddha. Accordingly, the following Siddhas are among the 18 Siddhas:

1.	Agastya	11. idaikadar
2.	Bhoga	12. alucane
3.	Pambatti	13 Kalanginadar
4.	Aegapai	14. conganar
5.	Kamalamuni	15. caruvoorar
6.	Korakkar	16. dhanvanthri
7.	Ramadevar	17 Sittaimuni

- 18 Machamuni
- 8. Thirumoolar
- 9. Valmiki
- 10. sundarandar

Each Siddha possesses knowledge in areas corresponding to his nature, with which he inspires humanity and helps it to free itself from inner states of suffering. For example, Siddha Agastya is an alchemist, astrologer, yogi and a master of Ayurvedic medicine.

Siddha Bhoga was also a yogi and alchemist and developed the Navapasanam for transformation of diseases and healing of the body. Siddha Dhanvanthri expanded Ayurvedic medicine to include the aspect of surgery. Siddha Thirumoolar specialized, among other things, in mantras, yantras (liberation of people from karma) and yoga.



Fig. 4: The 18 Siddhas in the temple of Palini, India

Siddhas are and were healers, seers, alchemists, experiential scientists, writers, gem experts, yogis. Some of them built powerful temples, which are among the most important healing and power places on earth.

The work of the siddhas summarized:

- Protection and preservation of the balance of the earth and people.
- Healing of the earth and creation.
- The dissolution of disharmonies and imbalances in man and in nature.
- The memory of the absolute knowledge that every soul already carries within itself.
- Liberation from ignorance of one's own original nature.

Siddhas have existed at all times and their work has outlasted all times. Now, with the beginning of Satyayuga, a time will come when they will become visible to us humans again. The more we put our trust in them, the sooner we will be able to heal our own life and that of the earth and return it to its original state.

THE FIRST SIDDHA: AGASTYA RISHI

Agastya Rishi or Siddha Agastya is the first Siddha of the lineage of 19 Siddhas. He is a direct disciple of Shiva. Agastya, as mentioned above, is considered a father of traditional Indian Ayurvedic medicine. He is said to be the author of several writings in this field. He was also an astrologer, alchemist and yogi. In the Ramayana, an ancient

Indian scripture, his work is written about several times. It is said about him and also about the other Siddhas that their divine instruments work perfectly in harmony with nature. Agastya is considered one of the main initiators of the palm leaf libraries in India.

Siddha Agastya was married to Lubamitra. During their time on earth, according to tradition, they lived in an exceptionally happy marriage. Today, both of them work from the subtle worlds.



Fig. 5: Agastya Rishi

THE PALM LEAF LIBRARIES

The palm leaf libraries were founded about 7000 years ago by the Sapta Rishis, the seven great sages. "Sapta" means "seven." "Rishi" means "seer." A Rishi possesses the gift of receiving absolute knowledge directly from the divine source and passing it on in a pure and unadulterated way. In the oldest Indian wisdom scriptures, Vashistha, Bhrigu and Agastya Rishi, among others, are counted among the Sapta Rishis.

The Palm Leaf Libraries were created to provide contemporary people with companionship and guidance on their inner path of awakening. In a serious reading, each person receives accurate information about past incarnations, how they affect the present life, as well as exact instructions on which divine instruments he can use to harmonize and transform the inner imbalances to influence the future in a positive and harmonious way. The palm leaves are written in the South Indian language Tamil, among others, and are written by rishis (seers).

Regarding to the palm leaf library, one must distinguish between two different forms of the palm leaf library: the **Nadi Sastra** and the **Jiva Nadi**. The **Nadi Sastra** can be imagined as a large library. Like books on a bookshelf, they wait patiently for the right time to be transmitted to their recipients. Some information, depending on the palm leaf was written down already more than 400 years ago.

The **Jiva Nadi** is a living form of the palm leaf library through which different masters, such as Agastya or Vashishta, from the subtle world guide different people directly. The messages, related to the current situation of the recipient, are either received by a Nadi Reader (reader) or the palm leaves describe themsel-

ves in light writing. The messages are then transmitted to the respective person by a call from the Nadi Radis or in a personal meeting.

THE 19TH SIDDHA: SRI LA SRI MAHANANDA SIDDHA

Mahananda Siddha is the 19th Siddha. "Maha" means "great", "Ananda" means "bliss". He was born on 13.12.1930 in the district of Dharmapuriin in Tamil Nadu. Mahananda Siddha was known - before he became a Siddha - for working to renovate temples since the age of 35. His story of how he became a Siddha is very touching.



Fig. 6: Sri La Sri Mahananda Siddha

On December the 25 th 2002, around midnight, at the age of 72, Lord Shiva appeared before Mahananda Siddha and told him that he

was a Siddha with a life span of 500 years. Shiva sent him to the holy Mahadeva Mountain near Vellor in South India in this first encounter.

After Shiva appeared to him, Mahananda Siddha left his belongings overnight and walked to the said holy mountain. When he reached it, Lord Shiva appeared before him again and told him how to live henceforth. He instructed him to protect the life of the people and the earth.

Since 2009, Mahananda Siddha and over 120 workers have been constructing a temple that will be one of the most powerful places on earth in terms of Satyayuga. It will serve to protect the earth and all humanity.



Fig. 7: The temple on Mahadevamalai Hill

According to Mahananda Siddha, every person who visits this place in the future will be freed from karmic influences and experience healing. Mahananda Siddha says that this temple will exist until the universe dissolves (pralaya). Meanwhile, many thousands of people visit the temple every day. Each person receives a hot meal.

Mahananda Siddha, with the help of powerful Siddhamedicine, has healed many people in recent years, including many children who were deaf and unable to speak from birth. In 2015, Agastya informed by Agastya through the Jiva Nadi that Mahananda Siddha was "Shiva".



Fig. 8: Mahanandha Siddha cooking



Fig. 9: Mahanandha Siddha blesses the food

SRIRAMAN



Sriraman is one of the closest guides of Agastya Rishi and Sri La Sri Mahandha Siddha. He himself is a Siddha. He has been provided with all the divine instruments of the Siddhas and Siddha medicine to help people in the present time to free themselves from the energetic influences of Kaliyuga.

THE BEGINNING OF SRIRMAN'S SPIRITUAL JOURNEY

Sriraman was born in 1973 in Chennai, India, into a very spiritual family. His grandfather, Vidyananda Giri, was a great saint and a close friend of Ramana Maharshi, who is considered one of the most famous saints of the millennium.

Already in his childhood, Sriraman had to face great challenges that led him to turn to the spiritual path at an early age.

One day, at the age of 19, Sriraman lost all his belongings overnight. It later came to light that a friend had betrayed him over a long period of time, which led to Sriraman losing everything in a single day. Subsequently, he had to experience what it means to be poor in India. He himself would never have thought it possible that he would ever manage to free himself from this situation.

As challenging and hard as this experience was for him, it was ultimately the key experience for him to decide to surrender and dedicate his life to God. This decision marked the beginning of his subsequent spiritual journey.

THE "MOTHER" AND SRI AUROBINDO COME INTO SRIRAMAN'S LIFE

Sriraman leaves Chennai in this challenging time and goes to Pondicherry. There he encounters the work and ministry of the "Pondicherry Mother" (Mira Alfassa), who is the founder of Auroville. Auroville is a "universal city" where people from all nations live together in peaceful community to serve the divine consciousness. Sriraman felt so deeply connected to the "Pondicherry Mother" from the beginning that he decided to dedicate his life to her work. During his time in Pondicherry, Sriraman walks several kilometers every morning and evening to the ashram, the place of her samadhi, to offer her fresh flowers.

SRIRAMAN AND THE GEMS

When Sriraman was 23 years old, the "Divine Mother" appeared to him and blessed him with vision and healing powers. In this apparition, she told Sriraman that he had the gift of communicating with gemstones and could use them as an instrument to transform the energy of the earth and people. This was his first ever contact with gemstones.

Some time later, Sriraman opened a gem store in Pondicherry under very special circumstances. To the owner of the house where Sriraman was living at the time, Jesus appeared in a dream four nights in a row. Jesus asked the woman to give Sriraman the keys to her vacant store. After the fourth dream, the woman rang Sriraman's doorbell at five in the morning and told him about what had happe-

ned. She then handed over the keys to her store to Sriraman. Sriraman was completely surprised and told the landlady that he was not able to pay the rent for the store. She replied that if Jesus appeared to her in a dream to ask her to give Sriraman the keys to her vacant store, it must be something important and that he should give her the money when he earned his first money from the store.

At first, Sriraman did not know what to do with the small store. Therefore, for three months he went to the store every day, opened it, chanted the name of the divine mother for an hour, closed it again and went home.

In the fall of 1996 - during Navaratri, the nine-day festival in honor of the divine mother - the divine mother appeared to him again and asked Sriraman to open a gemstone store.

After a short time, the small gemstone store became known throughout Pondicherry.

SIDDHA AGASTYA COMES INTO SRIRAMAN'S LIFE

This small store is crucial for his first meeting with Agastya Rishi in 1998. One day it started that suddenly people came to his store claiming that they had been to a palm leaf reading and had been sent by Agastya. They were to receive a certain gemstone in Sriraman's store. This was to help them balance energetic imbalances. To Sriraman's amazement, they described the gemstones exactly in shape, color and weight.

After the event repeated itself several times, Sriraman was initially suspicious. He feared that someone might cheat him under the name of Agastya. For this reason, after some time, he decided

that he would not hand over the gem to the next person who came in the name of Agastya until he explained to him who Agastya was and what the palm leaf libraries were. The next customer to come to his store with this request is a lawyer from Chennai. As it turned out in the course of the conversation between him and Sriraman, this lawyer had been guided by Agastya about the Jiva Nadi for several years. On that day, he was sent by Agastya to Sriraman's store. He finally enlightened Sriraman about who Agastya is and what the palm leaf libraries are.

A TRIP TO BANGALORE CHANGES SRIRAMAN'S LIFE

The lawyer who enters Sriraman's store had been commissioned two years earlier by Agastya through the Jiva Nadi to open a center in Bangalore by Dec. 31, 1999. The center was to be used to avert a major natural disaster in India.

For almost two years, despite great efforts, the lawyer searched in vain for suitable premises. Three months before the date expired, he asked Agastya for help through the Jiva Nadi. He received in reply that he would find the center through a certain person and got two indirect hints regarding her name.

On the day of their first meeting, the lawyer told Sriraman that he would leave for Bangalore the following day. Sriraman had a house in Darward at that time, where he wanted to open a center in honor of the "Pondicherry Mother" and Sri Aurobindo. Since Bangalore was halfway between Pondicherry and Darward, and Sriraman did not want to travel in public transport with the pictures of the "Pondicherry Mother" and Sri Aurobindo, he asked the lawyer to take

some of these pictures to Bangalore. The lawyer then asked his spiritual teacher. He replied that not only the pictures but also Sriraman should come with him. So the next day they both traveled by cab to Bangalore. At this point, the lawyer had exactly two days left to fulfill his mission.

During the trip, Sriraman asked the lawyer about the reason for his trip to Bangalore. This is how Sriraman learned about the background of Agastya's order. When they reached Bangalore, Sriraman helped the lawyer in his search for a suitable center. Within three hours, Sriraman managed to find the suitable house. After handing over the keys, Sriraman left Bangalore and continued his journey to Darward.

Only a day later, Sriraman received a call from the lawyer, almost pleading with him to come back to Bangalore. In the meantime, the lawyer had realized that Sriraman was the person mentioned in the palm leaves. Sriraman acceded to the request after prolonged persuasion and was given access to the palm leaves through the lawyer, on which Sriraman's name was written. Sriraman is downright shocked.

On the same day, Sriraman received an invitation from Agastya to a reading. In this reading he received information about himself and his soul journey. The messages waiting for him filled almost 64 notebooks. Many experiences that Sriraman did not understand earlier in his life suddenly took on meaning, and he had to realize that there was a common thread running through his life. The event marked a major turning point on his spiritual path. Since he had ori-

ginally dedicated his life entirely to the "Pondicherry Mother," he began to open up to the siddhas only with a heavy heart.

In the end, the center for Agastya in Bangalore existed for only ten days. Shortly after its opening, Agastya instructed the lawyer to close the center again. The mission was fulfilled.

SRIRAMAN HAS TO PASS MANY SPIRITUAL TESTS

In the following time Sriraman has to pass many, sometimes very challenging tasks under the guidance of Agastya. In two years, he traveled over 100,000 km throughout India, visited over one thousand temples, and met many unique masters. At the age of 27, after completing all the tasks, Sriraman received the blessing from Agastya that whenever Sriraman counsels people, Agastya stands in his consciousness and guides that particular person through Sriraman. At the same time, Sriraman received the blessing of further spiritual guidance through the Jiva Nadi.

In 2004, Sriraman the "Divine Mother" appeared again to Sriraman and blessed him with "Maha Poorna Atma Yoga".

SRIRAMAN MEETS SRI LA SRI MAHANANDA SIDDHA

In 2008, Sriraman met Sri La Sri Mahananda Siddha for the first time.

In May 2014, Sriraman received an invitation from Lord Subramanya to visit a temple dedicated to him. In this invitation, Lord Subramanya blessed Sriraman with the Ashtama Siddhis. Sriraman received the message that he himself was a siddha.

MEETING WITH BABAJI

In 2002, Babaji Nagaraj appeared in Sriraman's living quarters where he was living at the time. Babaji walked up and down Sriraman's rooms for five days. Sriraman was so moved by Babaji's appearance that he did not even dare to open the front door to get milk and newspapers. He was afraid that Babaji might leave. Once in those five days, he looked Sriraman directly and deeply into the eyes. This is an unforgettable event for Sriraman. Sriraman did not know who Babaji was at that time. Only months later, when he "accidentally" saw a film about him, did he realize who he had met.

THE CURRENT TRANSFORMATION PROCESS OF NATURE AND HUMANITY:

FROM EGO CONSCIOUSNESS TO SOUL CONSCIOUSNESS

Soul Vs. Ego

In our original balance we are joy, peace, oneness, unconditional love, power and harmony. This is the natural state of BEING of our soul and the collective state of consciousness of man in Satyayuga. Man lives the highest version of himself and expresses his highest abilities.

In Kaliyuga, the collective frequency of consciousness in nature sinks to its lowest level. The components rajas and tamas increase and create great disharmonies and imbalances in man and in nature. This can currently be seen everywhere on earth. Dark forces will thus be able to exert stronger influence on the earth and mankind.

For the human being in the Kaliyuga it is difficult or only possible with a lot of effort to develop into his highest version, because the human being and the nature are surrounded by many low vibration levels, which keep the frequency of human being, animal and nature in a low frequency range. Man encounters many internal and external energetic opposing forces in this age. For this reason, true enlightened people are also rather rare in the Kaliyuga, although the enlightened state is our original natural state of being.

In order to understand the significance of the work of the 19 Siddhas, it is important to take a closer look at the energetic situation of Kaliyuga and to get more clarity about the energetic counterforces that affect us in this age. These influence us humans regardless of whether we are aware of them or not.

If we were able to visualize the current energetic situation on Earth, many people would probably get a big shock. We would have to realize that we are sitting in a kind of low-frequency vibrational prison, which creates a certain kind of reality and keeps us imprisoned in it. This being enveloped or surrounded by low vibrational disharmonic frequencies makes it challenging for us to ascend into higher states of consciousness and realize the light of the soul in harmony with nature. They override the natural inner impulses of the soul and make it difficult for a person to connect with their essence and inner voice. It is important at this point to distinguish between inner and outer opposing forces.

We have created the **inner energetic counterforces** ourselves. Their causes lie in the fact that we have consciously or unconsciously disregarded the laws of nature (Santana Dharma). In this way, we have created karma, diseases and accumulated samskaras (reactive impressions of consciousness). But there are also counterforces, which the soul chooses already prenatally, in order to be able to experience and play the game of duality.

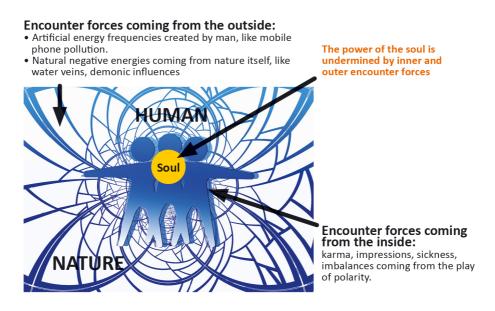


Fig. 11: Energetic counterforces in the Kaliyuga

External opposing forces are disharmonious, natural or man-made artificially generated energy frequencies. Natural external opposing forces include, for example, water veins and other quantities known in geomancy. Artificially generated energy frequencies, which man creates mainly through the use of technology, include e.g. wi-fi, mobile telephony, which affect the human organism and influence us on the level of frequencies mostly unconsciously. They act like interfering signals that distort and weaken the natural divine impulses that flow in through intuition. In the following, the individual counterforces will be explained in more detail:

The inner energetic counterforces of the soul:

Samskaras

In the course of our lives, a great deal of information flows upon us and through our subconscious. Many experiences we go through without them touching us in any particular way. Others, however, tangentially affect us and leave a lasting impression in our subconscious and are stored there. These impressions of the conscious mind are created by intense experiences that we have had in the present or past life and have not processed. These include traumatic experiences and beliefs that have been helped to form by the upbringing of our parents, teachers, friends and media. Through these, we carry an emotional legacy that, when triggered, is reactivated and influences and controls our behavior and thinking. This legacy can lead to disharmonious thoughts, images and emotions, such as fears, envy, anger, jealousy, greed, anger, hatred. When these are active, they take over consciousness and obscure our original divine consciousness. They separate us from our creative power. In the Vedic scriptures, these imprints are called "samskaras".

Samskaras do not let us see things as they really are, but color our perception through conditioned feelings and thought patterns. Consequently, they also influence our reactions and actions.

Depending on how intensely we have lived through certain experiences and have not processed them, the stronger and more intensely they are activated in situations that trigger us. Every time

we give in to their impulses and react, we charge them further energetically and get stuck in lower vibrational realities. They turn us into reactive beings.

Karma

The universe is based on balance and perfect harmony. We create karma whenever we do not act in accordance with the laws of nature. We then create an imbalance in the divine harmony. Whenever we create an imbalance, for example, through ignorance, denial of self, or selfish actions, we are required by the law of karma to return the imbalance to its original balance through an equalization or balancing process. This balancing process usually occurs through experiences we encounter in the present life or a future life. These experiences allow us to learn the necessary lessons. Karma is not a punishment system of the universe, but a learning system that presents us with the necessary lessons we need to grow and mature towards love, forgiveness and inner peace. It is the law of cause and effect.

Once we have successfully mastered an issue by learning to love unconditionally, forgive and rest equanimously in inner peace, we have neutralized a specific karmic issue and are free from it in the future.

It is important to mention here that experiences we encounter in the present life, which we often do not understand, can be imbalances that we have already created in past lives and which we have resolved to balance in the current life. There is a kind of karma store in the subtle world where all our actions are recorded in thought, word and deed. So the seed we reap today may have its cause in a past life. But the seeds we sow today may also bring about possible experiences in this or a future life: Positive as well as challenging ones.

Besides experiences, there are also other ways to overcome karmic aspects so that they do not have to be lived through, or suffered through. This is especially important when the karmic aspects are of a rather challenging nature and areas of life are blocked, such as finances, partnership and marriage, spirituality, etc.. This is where divine grace and love works. There are various possibilities and divine instruments that the Divine provides as tools to help the person free the blocked areas of life from their karmic burden. These include: selfless service, donations, meditation, blessings, gemstones, yantras, pujas (ceremonies) or yoga.

The more old burdens we dissolve, the more karma we dissolve and the closer we come to our inner light and potential and our true soul nature.

Disease

In our original natural state we are physically and mentally perfectly healthy beings. Illness is always an expression of imbalances and "too much" of inner and outer disharmonies. Mostly they are caused by an unhealthy lifestyle, e.g. in the form of an unhealthy diet. Only in a few cases are illnesses karmically caused.

The polar opposing forces of the soul

Our soul is pure light and pure joy in its original state. Before it enters the game of duality with birth, it chooses inner counterparts according to its karma, so that it can experience itself in the game of polarity. These counterparts become noticeable that whenever we feel the power and harmony of the soul, we create something in our life that separates us from this power again. In this way, we play the game of light and darkness. However, this game also leads to the fact that we do not remain permanently balanced and connected with our forces. According to Agastya Rishi, every human being carries one to three of these opposing forces within him or her. They can be harmonized energetically, but cannot be dissolved in the present life.

External countervailing forces:

Radiation exposure

There is a multitude of external energetic influences that affect us and are invisible. These include energy frequencies that have been artificially generated by humans, such as mobile radio, microwave radiation or W-LAN. We humans are first and foremost energetic beings who have experiences in a human body. For this reason our energy and consciousness field is also of outstanding importance. It serves us as a kind of inner navigation system in relation to our life path and communication with the divine planes. If we now encounter a mass of artificial frequencies, they lay

themselves over our consciousness like a kind of veil and prevent us from connecting with higher frequencies of consciousness. We lose the connection to the higher divine levels and thus also the orientation in our life.

However, there are also natural energy frequencies that act in nature and exert a negative energetic influence on humans. These are described in detail in geomancy. Among them are water veins, Hermann grids, curry grids, etc. Depending on the intensity and influence on the human being, they can have disharmonious effects on the energy field of the human being and thus also on the state of health of the body and weaken it.

Imbalance of the five elements

In Kaliyuga, the individual energetic building blocks of creation that make up the universe are completely out of balance. So also the five elements. We can currently perceive this, for example, in the form of the many natural disasters, which are also becoming more and more intense. They are initiated by the five elements and represent an attempt of the earth to restore the original energetic balance. Natural disasters are comparable to a cleansing process that discharges and dissolves disharmonious energy fields. We can also experience this within our bodies, for example in the form of a cold. If our energy field is out of balance because too many disharmonious energies have accumulated in the form of blockages, the body reacts with symptoms to release these energies and help it return to its original state.

Low-frequency food, air and soil conditions

It has now been scientifically proven that water has a crystalline structure which, depending on the influences, has disharmonic or harmonic patterns. When man drinks water, he absorbs these harmonies or disharmonies energetically in the form of information or vibrations. This can be transferred also in relation to the energetic quality of our food and air. Currently, the general energetic quality of soil and air is permeated by many disharmonies and weakens the human being and his health. Many people still do not recognize that this also has an effect on their energy field.

Foreign energies

Foreign energies are energies that a person carries within himself, which are not connected with his true being, but have been absorbed into his own energy field by third parties through energy transfer. Whenever two souls communicate with each other, energies are exchanged and a kind of alchemical process takes place. This can either create a harmonizing, inspiring and uplifting experience or a disharmonious one that weakens one's energy. Everyone has experienced this on a subtle level in interpersonal contact. Many people today carry occupations by foreign energies within themselves. This can happen, for example, through contact with wrong or many sexual partners. Because sexuality is one of the most powerful instruments of energy transfer. Especially women, as the receiving principle, absorb the disharmonious energies of men and store them in their energy field. Nowadays, many people frequently

change their sexual partners or live polyamory. From the point of view of the spiritual world, this is not recommended. This is because it leads to an energetic mixing of the most diverse energies within one's own energy field. In addition, other entities can also get into our system and influence us. These occupations often take place when we are not in our center and are in low-frequency states of consciousness, which are characterized by negative thinking and emotions.

LIBERATION FROM THE ENERGETIC SHACKLES OF KALIYUGA

The divine nature cannot completely take the decisive development steps from us humans on our inner path back to the light. Each soul must walk and choose these steps on its own responsibility. But it can provide us with various tools on our way to inner liberation, so that we can free ourselves from the energetic limitations more easily. These tools can support us on our way to accelerate the necessary transformation processes.

Especially the current time is characterized by great grace from nature's point of view. Because now with the transition from Kaliyuga into Satyayuga there is a certain time window in which we can accelerate our inner liberation process and free ourselves from the energetic fetters of Kaliyuga. Within a few years it can become possible for us to go through developments and to free ourselves from old burdens from which we could not free ourselves for many lifetimes because the energetic situation on earth was completely different. In order for us to succeed more easily and quickly in returning to divine harmony, the 19 Siddhas have provided people with the most powerful divine instruments for the transformation of energies. They are 100% in tune with the current times and processes in nature. In a message from the Palm Leaf Library, Agastya Rishi let it be known that from the energetic point of view, these instruments are currently the most highly effective instruments that exist on Earth. With the help of these instruments, the inner and outer energetic counterforces of Kaliyuga in man and on earth are raised to the energy frequency of Satyayuga.

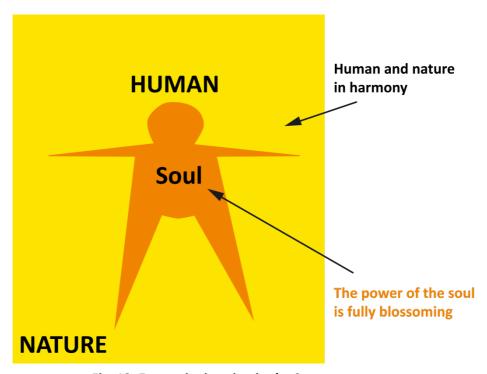


Fig. 12: Energetic situation in the Satyayuga

Liberation from the internal Counterforces of the Kaliyuga

The inner energetic opposing forces include samskaras, karma, imbalances in the name, disease, and the inner opposites that the soul chooses to play the game of polarity on earth. In the course of the last years, all the instruments of the 19 Siddhas and the Divine Mother have been given as blessings to Sriraman.

CONSULTATION WITH SRIRAMAN

The basis of Sriraman's work is the consultations. In these, Agastya Rishi stands in Sriraman's consciousness and guides the person through him. Under the guidance of Agastya, Sriraman is able to see exactly what the potential and power of a person's soul is, what the roots of their imbalances are, and furthermore, what tools can help them free themselves from them as quickly as possible. The instruments at his disposal are the following:

GEMSTONES

Gemstones play an important role in the medical system of different original cultures. They can be programmed, store information and emit energy. Even our modern technology today is based on this ancient knowledge. For example, every computer consists of a silicon chip and the clock frequency of every processor is generated by quartz crystals.

In the Vedic scriptures it is written that gemmology is the most subtle and powerful healing method that exists on earth. It is followed by mantras and herbs. In the meantime, it has even been proven in scientific research that the human brain is made of tiny crystals. In a study by the California Institute of Technology, Dr. Joseph Kirschvink and his team were able to show that the predominant regions of the brain consist of approximately five million magnetite crystals per gram.

Gemstones act at the cellular level. They flood the crystalline structure of the body with light. The more light shines into the

physical body, the more the crystalline patterns are loosened. This allows the body to release old blocking thoughts, behavior patterns and blockages. They then become accessible to the consciousness more quickly and can thus be processed. Gemstones thereby cleanse the crystalline structure of the body, activate the inner healer, vibrate out blocking beliefs and behavioral patterns by absorbing more light. In this way, the cells are restored to their original state and the person comes back into harmony with his original power. By the way, what is true for man is also true for the earth.

As mentioned at the beginning, Sriraman's main task is to work with natural gemstones. Because of the blessings he has received from the divine nature, he is able to program the gems in terms of their effect from the highest frequency levels. He uses them, on the one hand, to install them in certain places on Earth for the protection of people and the Earth, according to instructions from Agastya through the Palm Leaf Library, so that they balance certain imbalances in Nature. This prevents certain events from manifesting in the physical world, such as natural disasters or wars.

On the other hand, the gems are the main instrument of his work to balance those imbalances in man that the soul has chosen to be able to play the game of polarity on earth.

Every person carries one to three of these major imbalances. Most of the problems that a person experiences in his life can be traced back to these imbalances. They cause us to keep disconnecting from our potential in the play of light and darkness and to realize unity consciousness only with greater effort. These inner opponents cannot be dissolved like karmic aspects. Man carries them within himself all his life. However, they can be harmonized and their effect neutralized.

Through Agastya, Sriraman can recognize and name these main imbalances. To balance them, Sriraman works with the nine planetary stones. They are incorporated into a pendant that is worn on a chain on the body. He has also been commissioned by Agastya through the palm leaf library to enhance their effect through a powerful alchemical formula. Sriraman works in India with a goldsmith who sets the gemstones in a gold or silver setting, depending on the choice. Gold and silver also have specific meanings as metals. Gold is associated with solar energy and has a stimulating, activating and heating effect on the energy field of the wearer. Silver is associated with lunar energy. Silver calms and cools the energy.

MAHA POORNA ATMA YOGA



"Maha Poorna Atma Yoga" means "Great Purification of the Soul". It is a simple and very powerful tool that works from the highest frequency level of nature and helps us to free the sub-

conscious mind from veilings and reactive parts. These include fear, guilt, greed, shame, anger, resentment, jealousy, envy. Depending on how strongly these impressions are energetically charged in the subconscious, the more intensely we react to situations that trigger us. These disharmonious impressions in the subconscious mask our original light-filled consciousness and are one of the main reasons why we repeatedly fall out of balance and block our inner growth process. Through the practice of Maha Poorna Atma Yoga, the energetic charge on the disharmonious patterns in the consciousness is gradually dissolved and transformed. In this way they are dissipated. Thus it becomes possible to develop inner peace, which is a necessary condition for expressing our highest truth and choosing harmonious ways of responding that are in harmony with the soul. Reactions in harmony with the soul are creative and in the long run lead to abundance, harmony, love and joy. The practice is universal, suitable for everyday life and can be practiced by EVERYONE without prior knowledge.

YANTRA

In 2000, Sriraman received an order from Agastya Rishi through the Jiva Nadi to travel to an Indian village and meet a master there. It was revealed to him that this master was a disciple of Siddha Thirumoolar, the 8th Siddha of the lineage of the 19 Siddhas. The latter was introduced to the work of the yantras by Siddha Thirumoolar.

An important focus of Siddha Thirumoolar's work during his time in the physical body was the subject of karma resolution. He created 64 different types of yantras to help people resolve specific karmic issues.

Yantras are based on the combined knowledge of sacred geometry and mantras. The production of a yantra is very elaborate. First, geometric figures are drawn on copper paper in combination with mantras. Then, depending on the subject of the person, fire ceremonies lasting several weeks are performed, in which the energy of the yantra is connected with the energy field of the person and the karma is burned.

In some consultations, Sriraman receives information through the guidance of Agastya that a person can have a yantra created to free himself from certain karmic influences. The following should be noted here: Sriraman gives the information only as a recommendation. A decision for a yantra should be made with great steadfastness, not hastily and only after a time of inner reflection and inner examination. The laws of nature cannot be played with without consequences. Later quarrels will have a negative effect on one's karma. This is not a threat, but in deep benevolence a request to a conscious decision.

Once the process of yantra making has begun, it cannot be interrupted and the yantra cannot be returned.

SCANDAMANIA (HEALTH)

The Satyayuga is characterized by divine health. That is, people are largely freed from diseases. The scandamania is one of the most energetically powerful tools that exist that helps people to significantly improve and maintain the state of health.

ENERGETIC EFFECT OF THE NAME

Our first name, given to us by our parents at birth, creates an energetic vibration and is one of the strongest influencing factors on our life, as it is constantly repeated like a mantra. A name is a grouping of different letters of the alphabet. When we draw the different letters together and read them, a sound vibration is created that can resonate harmoniously or disharmoniously with our soul vibration in relation to different life aspects.

If the spelling and phonetic formation of our name are in harmony with our soul, the name strengthens our inner balance and the relevant aspect of life. However, if the vibration of our name encounters dissonance with our primordial vibration, blockages and imbalances arise, which can become visible through difficulties in an aspect of life.

Sometimes it is only necessary to add or remove a letter from the birth name in order to bring the name into harmony with the soul's vibration. If the name changes, its energetic vibration changes and can bring back into flow various aspects of life that it previously blocked in our lives.

Under the guidance of Agastya Rishi, Sriraman is able to see which aspect of life the birth name is associated with and which it influences, and whether or not that aspect resonates in harmony with the soul. If a change in the name is necessary, Sriraman gives suggestions for change, which everyone can follow in their own decision.

Liberation from the external Counterforces of the Kaliyuga

ALCHEMICAL RECIPES

Alchemy is a very ancient science that has been largely forgotten in modern times. To understand alchemy it is important to understand that everything is energy and vibrates on a certain energy frequency, even matter. Many scientists have now been able to prove this. There is a law in nature that when a high frequency of energy meets a low frequency, as happens in alchemy, the low frequency is raised and transformed. Thus, through alchemy, the process of changing energy and matter can be initiated to bring about specific and very particular manifestations in both personal and collective reality. Alchemical processes are created through formulas that contain different natural substances. They are charged with such high energetic power that the energy frequency of matter is transformed and raised. For several years Sri-

raman has been receiving all the alchemical formulas through the Palm Leaf Library in India from Agastya Rishi.

WHAT IS NEW ENERGY WORLD?



New Energy World (NEW) is a company founded in April 2018 in Germany at Lake Constance in Germany. It has been commissioned by the spiritual world to disseminate the alchemical formulas transmitted by Agastya through the palm leaves worldwide to help transform the disharmonious energy frequencies of Kaliyuga. These formulas are able to harmonize disharmonious energy fields in nature and correct energetic misprocesses in nature that have been set in motion by human beings. In addition, they raise the energy frequency to the level of satyayuga. They energetically restructure matter and give us a chance to heal external nature and return it to its original energetic balance and harmony. In order for the alchemical formulas to spread worldwide, they are incorporated into various products. You can find more information on the homepage: www.new-energy-world.org.

MAHA AURA CARD

Humans and nature suffer from energetic pollution caused, among other things, by artificially generated electromagnetic fields and high frequencies, such as electrosmog caused by mobile telephony. Every human being and every animal have their own energy field through which they emit and receive natural frequencies. A permanent impact on the energetic system of humans and animals can cause energetic imbalances and diseases to a not harmless extent. If artificially generated frequencies also have a permanent effect on the energy field, the artificial frequencies overlay the natural frequency of the human being and disturb the communication with the original soul frequency. In this way, we are prevented from clearly perceiving the divine impulses of the soul clearly.

Many people are now able to perceive connections between the use of mobile devices, W-LAN or radio masts and between physical symptoms, such as fatigue, headaches and exhaustion. Unfortunately, this is still negated by the mainstream and dismissed as hypersensitivity. However, from an energetic perspective it becomes understandable.

The MAHA-AURA-CARD protects the human energy field from these harmful energetic influences. In some tests we have been able to find out the following modes of action of the MAHA-AURA-CARD:

- It neutralizes the influence of permanently harmful electromagnetic fields on the human energy field and on the energy field of places.
- It also neutralizes the influence of natural frequencies that have a disharmonious effect on humans, such as water veins, Hartman grids, Curry grids and earth warping.
- It prevents energy loss due to disharmonic frequencies acting on the human energy field from the outside.
- It protects, harmonizes and charges the human energy field.
- It does not produce any harmful side frequencies (comparable to side effects) and works 100% in harmony with nature.
- It protects the aura of people and animals in the radius of about one meter.

The MAHA-AURA-CARD can do even more, according to a message from Agastya Rishi from the Palm Leaf Library.

To ensure its protective function, the card is carried on the body, e.g. in the wallet. But you can also put it near electronic devices to neutralize interference fields from electronic devices.

NATURAL HEALING ROOMS (NEH-ROOMS)

"NEH" stands for "Natural Energy Healing". The NEH-ROOMS were used in India thousands of years ago, when the country was still ruled by kings and people lived in harmony with nature. The

knowledge of the NEH-ROOMS was transmitted by Agastya via the Jiva Nadi - with the order to install them worldwide.

The NEH-ROOMS are high-frequency energy sites into which, after activation, natural healing frequencies flow to balance specific energetic issues, such as the chakras. In doing so, they add to the energy field exactly those missing energy frequencies that it needs to regenerate and harmonize.

An optimal duration of application was transmitted by Agastya through the palm leaf library. For three consecutive days, one person should stay in the rooms for 25 minutes in the morning and 25 minutes in the evening. The effect sustains for the duration of 48 days.

The NEH-ROOMS also support one's yoga or meditation practice as they facilitate access to higher levels of consciousness.

HEALED FIELDS & GARDENS

Many gardens and fields today are massively treated with pesticides. This not only negatively affects nature on a material level, but also creates disharmonious energy fields on an energetic level. "Healed Fields and Gardens" is a product that contains an alchemical formula that frees gardens and fields from disharmonious energy frequencies. The harmful energetic effects of pesticides are neutralized and nature is raised to the level of satyayuga. This product is for all small gardeners and farmers who want to support the repair processes of the earth on an energetic level

and contribute greatly to the healing and regeneration of the earth.

HIGH FREQUENCY HOMES

In our living spaces, all kinds of energetic influences are bustling about, which have an impact on our quality of living and life. Energetically disharmonious fields can be generated, on the one hand, by non-natural building materials and the construction of the house in an energetically unfavorable place. But also people who previously lived in the apartments and disharmonious events that took place in our place of residence are stored energetically and influence us from the invisible level.

Through the alchemical additive for wall paint, your own home becomes an energetically transformed, light-filled and harmonious place of power. The alchemical formula is added to the wall paint and applied to the wall. Agastya has transmitted an exact application description for this via the palm leaf library.

MAHA-AURA COLLECTION

Every day we meet people with different vibrational frequencies and stay in different places with different energetic quality. The people we surround ourselves with and the places we stay in influence our own energy. We are not always able to protect ourselves energetically from negative energetic influences, such as in the workplace. In order to be sufficiently protected from these negative energies outside the home, we have developed the Maha-Aura Collection. Our first series consists of stylish garments in which the alchemical formulas are incorporated. They protect people from energy loss as well as from negative energetic assaults.

OTHER PRODUCTS WILL FOLLOW ACCORDING TO AGASTYA RISHI'S LEADERSHIP!

MORE AND CURRENT INFORMATION:

WWW.NEW-ENERGY-WORLD.ORG

THE DESTINATION OF THE JOURNEY: ARRIVED IN THE SOUL CONSCIOUSNESS

When we experience the soul level after a longer process of maturation, healing and purification, we feel again the power and potential of our true nature that has always been there. We begin to perceive again what it feels like to live in harmony and resonance with ourselves and the soul. In this moment we have arrived at our original balance. We experience our power, abundance, harmony, independence, knowledge and inner peace. The light of the soul begins to shine again. The longer we walk on this inner path, the more often and longer we will be able to stay in this state.

On the way we also learn to perceive again the voice of the soul, which guides and directs us from within, and can distinguish it better and better from the ego-guided voice. We learn again to listen to the divine voice within us and to follow it and thereby find back into our original truth and joy. This is the prerequisite for a happy life. This is the life of Satyayuga.

Through the associated experiences, our trust in ourselves and the divine power also grows. We surrender more and more to the inner path because we know that it will lead us to what is best for us. In this process, consciousness transforms from a perspective of personal self-centeredness to a universal perspective that embraces the well-being of the earth and all existing beings. Gradually we develop our potentials, discover our natural or supernatural powers, and

place our gifts and talents at the service of creation. We have then taken back our true place in the divine game. We have arrived!

LIST OF FIGURES

• Fig. 1:

Bunk, Stephanie (2015): The Three Gunas. Photos used from www.fotolia.com:

Photo ID: 89672582, Billion photos.com

Photo ID: 79780142, estherpoon

Photo ID: 4570847, Simone van Berg

• Fig. 2:

Bunk, Stephanie (2015): The four Yugas - The Ages of the Universe. Markdorf

• Fig. 3:

Bunk, Stephanie (2015): The positive and negative planes of existence of creation.-Markdorf

• Fig. 4:

Bunk, Stephanie (2013): The 18 Siddhas in the Temple of Palini, India.

• Fig. 5:

Agastya Rishi: https://wiki.yoga-vidya.de/images/1/12/Agastya-rishi.jpg

• Fig. 6:

Sriraman (2013): Sri La Sri Mahanandha Siddha

• Fig. 7:

Balaji Studio (2016): The Temple on Mahadevamalai Hill

• Fig. 8:

Sriraman (2013): Mahanandha Siddha is cooking.

• Fig. 9:

Sriraman (2013): Mahanandha Siddha blesses the food

• Fig. 10:

Sriraman (2013): Sriraman

• Fig. 11:

Bunk, Stephanie (2015): Energetic counterforces in the Kaliyuga

• Fig. 12:

Bunk, Stephanie (2015): Energetic Situation in the Satyayuga

APPENDIX

SIDDHA CENTERS

Germany:

YOGA AND SIDDHA CENTER MARKDORF

Stephanie Bunk

Phone: 0049 (0)151/63159303

E-mail: siddhazentrum-markdorf@gmx.de

www.siddhazentrum-markdorf.de

SIDDHA CENTER BREMEN

Thorsten Eickhoff

Phone: 0049 (0)421/602216

E-mail: anmeldung@ilse-eickhoff-akademie.de

www.ilse-eickhoff-akademie.de