

On my harmonic bed you lie on a resonance box, 64 pages stretched below under the harmonic bed. The vibrations flow gently through the whole body and carry you into deep relaxation. I often hear from people that they felt carried, expanded, floating. It has a strong harmonizing effect on mind, body and soul. Since we all vibrate within ourselves, every human being has primal sound knowledge. Even if we are not aware of it, this knowledge comes into contact with the sound instrument and its sound in every sound treatment. Many people experience this during a sound treatment in different ways. In addition to fundamental tones, the harmonic bed produces a large number of overtones that convey an orchestral listening impression. People feel woven into the sound. The vibrations of the strings flowing throughout the body create a powerful connection to the sound. This makes people feel connected to the sound and this can lead to a deep relaxation process initiate. A feeling of space and timelessness arises often. Many people tell me that the harmonic bed has expanded the entire field of vibration. In this way, subsequent sounds can more easily come into contact with them in the sound treatment.