



Dancer, Teacher & Choreographer

About me:

- Dancing is something I truly love.
- Whenever I dance, I always give it my all - my energy is my greatest strength.
- Through dance and teaching, I'm passionate about making a difference in the world and in people's lives.
- I playfully explore my body and mind, constantly discovering new things and movements about myself and my physical abilities.
- I love meeting new people, exploring new places, and trying new things - it helps me grow and develop as a person.



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Jana Kutschma

Stage experience

- 2022 "Dance Crew HIP Deutschland", by ruf Jugendreisen, Bielefeld
- 2022 "a moving rainbow" by Yan Cheng, Munich
- 2021 "Muddica" Repertory of Company Zappalà Danza, Artistic coordination: Enrico Musmeci
- 2021 "no limits" by Jana Kutschma, "What We Are Festival", Teatro San Giorgio Udine (Italy)
- 2021 "Tanzquelle Co-Creation Lab" with Katja Wachter & Bea Karolina Remark, HochX Theatre Munich
- 2020 "Challenge accepted" by Johannes Härtl, Gasteig Munich
- 2020 "22 little stories" by Minka-Marie Heiß, YouTube film
- 2019 "After Silence" by Pedro Dias, "Lange Nacht der Münchner Museen", St. Ludwig Church Munich
- 2019 „APPRAISERS“ by Quim Bigas, Schwere Reiter Munich

Own works

- 2020 "no limits", graduation solo, Reithalle Munich
- 2020 "Valentina", Piece by piece, Gasteig Munich

Teaching experience

Since 2020: Project assistant at "Fokus Tanz / Tanz und Schule", Munich

Since 2014: Teacher in various dance schools

Education, Workshops & Co.

- 2021 "Modem Pro" Three months program by Company Zappalà Danza (Sicily)
- 2021 "Circus Dance Lab" (1-week Workshop by Marika Gangemi)
- 2017-2020 Iwanson International School of Contemporary Dance (Munich)