

**2025 Herriman**  
**Region 2 Dual Meet**  
**Order of Events**

**Start at 3:00**

*All events will start with girls & then boys.*

4x800m

100H/110H

100m

4x200m

1600m

4x100m

400m

300H

800m

200m

3200m

4x400m

\*Field events are open pits. Warm up starts at 2:45 and then the event will start at 3:00.

\*4 Jumps and 4 throws.