



2025

# JV Region 2 Championships

Wednesday is the JV Region 2 Championships at Riverton High School. This is a big championship level meet, so be focused and ready to go! Your goal is to PR and score points for your team! We should be very competitive! It should be amazing weather, so have plenty of fluids for hydration with you! Make sure to come out and get your equipment loaded on the bus from the track shed. The meet should be done around 9:00 pm. This is the end of the season for the JV Athletes (except a few that will qualify to BYU Invite), lets finish it off right!

Please email Coach Soles with questions.

What to bring?	Important Meet Facts	Time Schedule
<b>Uniform:</b> (on when you get to the bus) No Outside Clothing!	First events are at 2:00 pm	Frosh Out of Class: 11:45 am HS Out of Class: 12:10 pm
<b>\$\$\$</b> for food if they have a snack bar.	This is a Championship Meet, use all that you have learned this season to compete at the best for your team!	Buses Leave School: 12:30 pm
<b>Running shoes</b> /Spikes and extra pair of socks	Check the entries online to see what you are in!	Arrive at Meet: 12:50 pm
<b>Food: ex:</b> bagels, bananas, fruit, water and Gatorade	<b>Buses leave from the north side of the high school by the main gym</b>	Leave Meet – 9:00 pm
<b>Extras:</b> Sunscreen, water	<b>Riverton High School</b> 12476 2700 W, Riverton, UT 84065	Arrive at HHS: 9:20 pm (this is just a guesstimate)

**At the end of the meet before we head to the bus, make sure:**

- Our team area is cleaned up!
- We have all of our batons, shot put, javelin, and discus, and vault equipment.
- You have your personal apparel and competition shoes in your bag.
- Congratulate the opposing athletes, parents, coaches and thank them for hosting the meet.
- You look after our 9<sup>th</sup> graders and make sure they have all of their stuff, had a good time at the meet, and ask them what they learned and how they had fun.
- Find ways to contribute to everyone making it to the bus on time and ready to head back to HHS (pack up canopies, ask coaches how you can help, etc).



**Herriman High School Track & Field**

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