

Pastor Patrice Campbell

Commit thy way unto the Lord - Psalm 37:5



Pastor Patrice Campbell is an author and the founder and director of Fit for Life Ministries Healthy Living Mentoring and Encouragement. She has directed Gospel Aerobics Ministry, Hosted Christian Health Retreats, Horseback Riding and Hikes since 1997. Fit for Life Ministries is an Outreach, Evangelism, Healing, Community, and Family Friendly Exercise Ministry that mentors and encourages families to keep moving forward, healthy on their God given purpose on purpose together spiritually, physically, socially, emotionally, and nutritionally.

This Healthy Living Mentoring and Encouragement Ministry is a faith-based organization focusing on optimal health and a healthy living journey from healthy choices not dieting. Our vision is to see entire families, communities, cities, and the world globally transformed by the renewing of their mind, committing their lives and healthy living journey unto the Lord; Ps: 37:5 trusting also in him; and he shall bring it to pass. A healthy living journey consists of making consistent healthy choices, by setting goals: 10K steps in per day from moving on purpose exercising, achieving a cardio workout at your minimum maximum THR (target heart rate), drinking 64 fl. oz. of water daily, resting 7.5-8 hours per night, fasting; and plant-based eating for optimal health/healing in the body. Especially in the body of Christ. 1 Corinthians 6:19-20 Do you not know that your bodies are the temples of the Holy Spirit who is in you, whom you have received from God? Therefore, honor God with your bodies. Daniel 1:1-21 refers to the benefits of eating vegetables and drinking water for 10 days.

Pastor Patrice is currently serving at ONE A Potter's House Church as Leader of the Hiking and Walking Wellness Community Group and serving on the ONE Heart Outreach Team focusing on Global and Local Outreach opportunities.

Prior Pastor Patrice attended Bethel Church for 12 years. There she served on Staff for three years as the Sports Outreach Ministries Director and became a Local Church Credentialed Minister (a great opportunity to build community via sports for men, women and children). She led the Gospel Aerobics and Hiking Ministry the entire time of attending Bethel. Patrice's responsibilities consisted of leadership trainings, overseer of volunteer leaders, Administrative Assistant and managed an annual budget of \$90K for the following Sports Ministries: Co-Ed Golf Tournament, Men's Basketball open gym, Women's Basketball open gym, Co-Ed Volleyball, Aerobics, Hiking, Children's Boys & Girls Basketball League and Cheerleading, Children's Boys and Girls Soccer League and Men's Futsal - indoor soccer.

Pastor Patrice became a Credentialed Pastor under Tree of Life International Ministries (New Jersey, California and Liberia, Africa). Since 2016 Pastor Patrice has been invited to America's Keswick Christian Retreat and Conference Center in Whiting, New Jersey, to facilitate her Exercise + Nutrition Ministry along with a devotional + an Invitation for Salvation. During the pandemic, Pastor Patrice has been facilitating virtually. Dr. LaTonya Co-Pastors with her husband Pastor Steven McRae of Faith Tabernacle Church in Freehold, New Jersey, which is the church Pastor Patrice attended while living on the East Coast. She is originally from the West Coast Northern Bay Area of California.

- NCN – Northern California & Nevada Assemblies of God Women's Retreats
- Women's Elmwood Correctional Jail, Milpitas, CA (w/Chaplin Clearance)
- The Teen Challenge Organization in San Jose, California; a Faith Based Live-In Drug Rehab Facility for Women with Children and a separate Men's Facility

Patrice is a Graduate of The Bible College, William Jessup University with a Bachelor's in Theology and Christian Leadership. Other education: AA Degree in Fashion Merchandising and Business Administration, AA Degree in Early Childhood Development, Teaching Certificate and Credential.

MISSIONS: Patrice has traveled on a Mission Trip to Argentina; distributing The Book of Hope, N.T. at Elementary, High Schools, Colleges; and at Community Park Outreaches. Both of Patrice's children, Samella and Rami, have traveled on several Mission Trips throughout the world: South Africa, South Korea, Argentina, Europe, Thailand, Spain, Dominican Republic, and Nicaragua.

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