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REPORTAGE INTERVIEW PORTRAIT KOMMENTAR RATGEBER FINANZEN ANALYSE STIFTUNGSSCHWEIZ BLOG BRIEFING   



Josephine Barbarino Picture Gila Soderwald



Takashi Sugimoto · [briefing](#) · 13. Juni 2022 · 2 Min. Lesedauer ·  0

A Health Centre for Ketogenic Metabolic Therapies

From today until June 17th, the International Keto Live Conference will be held in Bergün for the second time, focusing on “Ketogenic Metabolic Therapies - Future Prevention and Treatment of NCDs”. A major new project will advance medical education and training in nutritional therapies and research.

“We are launching a major new project – the International Metabolic Health Pilot - Connecting the Sciences in the Fight against NCDs”, says Josephine Barbarino, founder and CEO of the Keto Live Project. Together with 32 leading international scientists and practising physicians, Josephine was able to found the European-Keto-Live-Centre.com “Information & Training Centre - Association for Ketogenic Metabolic Therapies” during the first Keto Live Conference in Bergün in 2019. The international association is a non-profit organisation in Germany and the United States. The Keto Live Project can count on renowned support from the Ketogenic Foundation and the Baszucki Group. “The Baszucki family, through the Baszucki Brain Research Fund, along with the Milken Institute, recently donated nine million dollars to research projects focused on ketogenic metabolic therapies and bipolar disorder.” One of the new studies, a collaboration between the University of Edinburgh and Chris Palmer of Harvard University, will be presented for the first time during this year's conference by head researcher Iain Campbell.



Kurhaus Bergün. Picture: Kurhaus Bergün, Zvonimir Pisonic

Centre in Switzerland

Ketogenic Metabolic Therapy has already been successfully used in the treatment of epilepsy for one hundred years. In the last 20 years, it has been used for the remission of insulin resistance and therefore as a medical tool against non-communicable diseases such as cancer, diabetes or cardiovascular and neuropsychiatric diseases. Today, according to Josephine Barbarino, there is a lack of funds to significantly advance the training of doctors, dieticians and nutritionists and the research of complex nutrition studies. The founders of the Ketogenic Foundation and the Baszucki Brain Foundation will also be present at the second international Keto Live Conference, which is currently taking place in Bergün until June 17th. At the Kurhaus Bergün, the knowledge of Ketogenic Metabolic Therapy will be shared, and the state of research will be shared and discussed. The conference is recognised as continuing medical education for doctors and medical staff with a total of 86 CME and numerous CPD credits. The fact that the conference is taking place in Switzerland is no coincidence. “We want to establish a centre for Ketogenic Metabolic Therapy in Switzerland,” says Barbarino. She sees Switzerland as an ideal location because the health insurers are already further along in prevention than in Germany. The centre is to become a contact point for patients. It will also serve as a training centre and offer further training for doctors and medical staff. That is why the Keto Live Project advisory board is global and broad. “Each member will be responsible for part of the curriculum for the doctors’ training,” she says.

Commercial and non-profit

The centre is planned as part of the large-scale project “The International Metabolic Health Pilot - Connecting the Sciences”. This project aims to promote the international networking of science in this field. The Centre’s continuing education programmes are to be self-financing. The research will be financed on a non-profit basis. It is intended to further scientific knowledge. Josephine Barbarino says: “That’s why we are looking for partnerships, especially with non-profit organisations, to realise the project.”

Translated by Georgia Schoonbee

For more Information please go to European-Keto-Live-Centre.com