TRUE REVOLUTION

- J. Krishnamurti, Public Talk 4, Berkeley, California - 06 February 1969

When there is such quality of mind in which the space between the observer and the thing observed disappears and therefore the thing is seen very clearly, most passionately and intensely, then there is that quality of love and with that love there is beauty. You know when you love something greatly, not through the eyes of pleasure or pain, when you actually love, space disappears, both physically and psychologically. There is no me and you. And when you come so far in this meditation, then you will find that quality of silence which is not the result of a mind which is thought seeking silence. You know, there are two different things - aren't there? Thought can make itself quiet - I don't know if you have ever tried it, but for most of us to silence thought, for thought to become quiet is unknown, therefore we struggle against it, because we see very well that unless thought is quiet there is no peace in the world, or peace inwardly, there is no bliss. So we try in various ways, through drugs, through tranquilizers, through repetition of words, through a thousand ways, to guieten the mind, but thought that makes the mind quiet, silent, such silence is entirely different, it is not comparable with the silence which freedom brings, freedom from all the things that we have talked about. It is only then, in that silence, which is of quite a different quality than the silence brought about by thought, it's only in that silence there is quite a different dimension, quite a different state, which you have to find out for yourself, nobody can open the door for you, nobody and no word, no description can measure that which is immeasurable. And so unless one actually takes this long journey, which is not long at all, which is immediate, unless you do it life has very little meaning. And when you do it you find out for yourself what is sacred.